

# XVI DUATLON CIDADE DE SANTIAGO

## RESULTADOS OFICIAIS ABSOLUTA FEMENINA



LACALIDADE : SANTIAGO DE COMPOSTELA		DISTANCIA	CARREIRA	CICLISMO	CARREIRA
DATA: SÁBADO , 05 DE MARZO DE 2016	HORA: 17:10	SPRINT	5KM	20 KM	20 KM

### OFICIAIS

DELEGADO TECNICO : MONICA FLORES XUIZ ARBITRO: JOSÉ MANUEL REY	XURADO DA COMPETICION	MONICA FLORES - DELEGADA TÉCNICA JUAN LUIS PEDROSA - FEGATRI ISMAEL GARCIA - OLIMPICO DE VEDRA
---	-----------------------------	--

### DATOS DA COMPETICION

CARREIRA : 5KM	CICLISMO : 20KM	CARREIRA : 2,5KM
2 VOLTAS	4 VOLTAS	2 VOLTAS
INSCRITOS : 29	REMATARON: 24	RETIRADOS: 2
		NON PRESENTADOS : 3
		DESCALIFICADOS: 0

POS.	NUMBER	PARTICIPANT	CAT	CLUB	POS.	CARRERA	RITMO	POS.	CICLISMO	MEDIA	POS.	CARRERA 2	RITMO	POS.	META	DIFF.
1	6	INES CASTAÑO GARCIA	CDF	ARCADE INFORHOUSE SANTIAGO	1	00:20:21.497	04:05 min/Km	1	00:38:05.360	31,5 Km/h	3	00:10:18.560	04:08 min/Km	1	<b>01:08:45.417</b>	
2	7	CARLA CASTAÑO GARCIA	JNF	ARCADE INFORHOUSE SANTIAGO	3	00:20:23.247	04:05 min/Km	2	00:38:08.870	31,5 Km/h	2	00:10:13.783	04:06 min/Km	2	<b>01:08:45.900</b>	+00:00:00.483
3	8	SILVIA DEIRA BARCALA	V1F	ARCADE INFORHOUSE SANTIAGO	5	00:20:39.197	04:08 min/Km	3	00:39:51.330	30,1 Km/h	1	00:08:39.030	03:28 min/Km	3	<b>01:09:09.557</b>	+00:00:24.140
4	17	AIDA GARCIA LOPEZ	V1F	OLIMPICO DE VEDRA	4	00:20:38.807	04:08 min/Km	4	00:39:51.720	30,1 Km/h	4	00:10:44.440	04:18 min/Km	4	<b>01:11:14.967</b>	+00:02:29.550
5	22	MARIA MARTINEZ GONZALEZ	ABF	CLUB ATLETISMO PORRIÑO	2	00:20:22.047	04:05 min/Km	5	00:40:38.370	29,5 Km/h	6	00:11:05.200	04:27 min/Km	5	<b>01:12:05.617</b>	+00:03:20.200
6	2	CARMEN BELLO RODRIGUEZ	CDF	CIDADE DE LUGO FLUVIAL	7	00:21:04.127	04:13 min/Km	8	00:41:17.030	29,1 Km/h	8	00:11:13.110	04:30 min/Km	6	<b>01:13:34.267</b>	+00:04:48.850
7	14	HELENA FERNANDEZ LAGO	ABF	ARCADE INFORHOUSE SANTIAGO	8	00:21:31.897	04:19 min/Km	6	00:41:06.840	29,2 Km/h	5	00:11:04.930	04:26 min/Km	7	<b>01:13:43.667</b>	+00:04:58.250
8	29	MARGARITA VILLAVEUDE ROSALES	ABF	GV SPORTS CLUB	6	00:20:51.237	04:11 min/Km	12	00:42:42.390	28,1 Km/h	10	00:11:26.300	04:35 min/Km	8	<b>01:14:59.927</b>	+00:06:14.510
9	23	BELÉN NIETO RODRIGUEZ	ABF	AD NAUTICO DE NARON	9	00:21:33.417	04:19 min/Km	15	00:43:25.830	27,6 Km/h	9	00:11:20.720	04:33 min/Km	9	<b>01:16:19.967</b>	+00:07:34.550
10	18	PALOMA HERBELLO HERMELO	V1F	ARCADE INFORHOUSE SANTIAGO	11	00:22:00.417	04:25 min/Km	14	00:43:18.760	27,7 Km/h	7	00:11:07.140	04:27 min/Km	10	<b>01:16:26.317</b>	+00:07:40.900
11	25	MARIÑA RAMOS SANCHEZ	CDF	GV SPORTS CLUB	14	00:23:06.817	04:38 min/Km	9	00:41:24.710	29,0 Km/h	12	00:12:04.177	04:50 min/Km	11	<b>01:16:35.703</b>	+00:07:50.286
12	15	TANIA GARABATOS RODRIGUEZ	ABF	OLIMPICO DE VEDRA	13	00:23:05.647	04:38 min/Km	10	00:41:35.740	28,8 Km/h	15	00:12:30.050	05:01 min/Km	12	<b>01:17:11.437</b>	+00:08:26.020
13	4	MARIA DEL CARMEN CABALEIRO HERNANDEZ	V2F	AXA AGENCIA GARRIGA-BEARIZ TRIATLON	18	00:24:14.557	04:51 min/Km	7	00:41:08.010	29,2 Km/h	13	00:12:13.520	04:54 min/Km	13	<b>01:17:36.087</b>	+00:08:50.670
14	28	MARIA SOUTO PRIETO	ABF	CIDADE DE LUGO FLUVIAL	12	00:22:50.057	04:35 min/Km	16	00:43:48.870	27,4 Km/h	11	00:11:45.220	04:43 min/Km	14	<b>01:18:24.147</b>	+00:09:38.730
15	27	KATIA SENIN GONZALEZ	SUB23F	OLIMPICO DE VEDRA	17	00:24:10.777	04:51 min/Km	11	00:41:50.300	28,7 Km/h	16	00:12:38.220	05:04 min/Km	15	<b>01:18:39.297</b>	+00:09:53.880
16	16	CRISTINA GARCIA BEIRO	ABF	ARTROGAL-TRI 498	15	00:23:15.217	04:40 min/Km	17	00:44:37.850	26,9 Km/h	18	00:13:12.660	05:18 min/Km	16	<b>01:21:05.727</b>	+00:12:20.310
17	3	ALBA CAAMAÑO FERNANDEZ	ABF	INDEPENDIENTES	19	00:24:23.927	05:10 min/Km	18	00:44:39.120	26,9 Km/h	14	00:12:25.570	04:59 min/Km	17	<b>01:21:28.617</b>	+00:12:43.200
18	9	ALDARA MARIA DIAZ MARIN	CDF	ARCADE INFORHOUSE SANTIAGO	20	00:25:27.937	05:06 min/Km	13	00:42:56.990	27,9 Km/h	20	00:13:52.007	05:33 min/Km	18	<b>01:22:16.933</b>	+00:13:31.516
19	12	UXIA FERNANDEZ DIAZ	CDF	CIDADE DE LUGO FLUVIAL	23	00:26:19.117	05:16 min/Km	19	00:47:00.630	25,5 Km/h	17	00:12:45.730	05:07 min/Km	19	<b>01:26:05.477</b>	+00:17:20.060
20	26	MARIA LUISA RUA PRIETO	ABF	TRISADA	24	00:26:20.817	05:17 min/Km	21	00:47:28.640	25,3 Km/h	19	00:13:47.760	05:32 min/Km	20	<b>01:27:37.217</b>	+00:18:51.800
21	1	MONICA ALARCON HERNANDEZ	ABF	NOSPORTLIMIT	26	00:26:29.667	05:18 min/Km	20	00:47:17.690	25,4 Km/h	23	00:14:23.170	05:46 min/Km	21	<b>01:28:10.527</b>	+00:19:25.110
22	19	LUCIA LENDOIRO REGUEIRO	ABF	NOSPORTLIMIT	22	00:26:18.717	05:16 min/Km	22	00:48:56.950	24,5 Km/h	22	00:14:12.710	05:42 min/Km	22	<b>01:29:28.377</b>	+00:20:42.960
23	21	MARIA LOPEZ MORADO	CDF	CIDADE DE LUGO FLUVIAL	25	00:26:22.057	05:17 min/Km	23	00:49:33.000	24,2 Km/h	24	00:14:26.890	05:47 min/Km	23	<b>01:30:21.947</b>	+00:21:36.530
24	11	SANDRA MARIA FARIÑA Balsa	ABF	NOSPORTLIMIT	21	00:26:15.857	05:16 min/Km	24	00:53:27.460	22,4 Km/h	21	00:14:09.760	05:40 min/Km	24	<b>01:33:53.077</b>	+00:25:07.660
NF	5	IRIA CAMPOS TRABAZO	ABF	ARTROGAL-TRI 498	10	00:21:46.837	04:22 min/Km									
NF	10	SARA ESPERON BELLO	SUB23F	GV SPORTS CLUB	16	00:23:44.407	04:45 min/Km									
NP	13	IRIA FERNANDEZ FONTENLA	ABF	ARCADE INFORHOUSE SANTIAGO												
NP	20	MARIA LOIS ABAL	CDF	ARCADE INFORHOUSE SANTIAGO												
NP	24	ROCIO OTERO GARCIA	ABF	ARCADE INFORHOUSE SANTIAGO												

# XVI DUATLON CIDADE DE SANTIAGO

## RESULTADOS OFICIAIS CATEGORIAS FEMENINA



LACALIDADE : SANTIAGO DE COMPOSTELA		DISTANCIA	CARREIRA	CICLISMO	CARREIRA
DATA: SÁBADO , 05 DE MARZO DE 2016	HORA: 17:10	SPRINT	5KM	20 KM	20 KM

### OFICIAIS

DELEGADO TECNICO : MONICA FLORES XUIZ ARBITRO: JOSÉ MANUEL REY	XURADO DA COMPETICION	MONICA FLORES - DELEGADA TÉCNICA JUAN LUIS PEDROSA - FEGATRI ISMAEL GARCIA - OLIMPICO DE VEDRA
---	-----------------------------	--

### DATOS DA COMPETICION

CARREIRA : 5KM	CICLISMO : 20KM	CARREIRA : 2,5KM
2 VOLTAS	4 VOLTAS	2 VOLTAS
INSCRITOS : 29	REMATARON: 24	RETIRADOS: 2
		NON PRESENTADOS : 3
		DESCALIFICADOS: 0

### CADETE FEMENINO

POS.	NUMBER	PARTICIPANT	CAT	CLUB	POS.	CARRERA	RITMO	POS.	CICLISMO	MEDIA	POS.	CARRERA 2	RITMO	POS.	META	DIFF.
1	6	INES CASTAÑO GARCIA	CDF	ARCADE INFORHOUSE SANTIAGO	1	00:20:21.497	04:05 min/Km	1	00:38:05.360	31,5 Km/h	3	00:10:18.560	04:08 min/Km	1	<b>01:08:45.417</b>	
2	2	CARMEN BELLO RODRIGUEZ	CDF	CIDADE DE LUGO FLUVIAL	7	00:21:04.127	04:13 min/Km	8	00:41:17.030	29,1 Km/h	8	00:11:13.110	04:30 min/Km	6	<b>01:13:34.267</b>	+00:04:48.850
3	25	MARIÑA RAMOS SANCHEZ	CDF	GV SPORTS CLUB	14	00:23:06.817	04:38 min/Km	9	00:41:24.710	29,0 Km/h	12	00:12:04.177	04:50 min/Km	11	<b>01:16:35.703</b>	+00:07:50.286
4	9	ALDARA MARIA DIAZ MARIN	CDF	ARCADE INFORHOUSE SANTIAGO	20	00:25:27.937	05:06 min/Km	13	00:42:56.990	27,9 Km/h	20	00:13:52.007	05:33 min/Km	18	<b>01:22:16.933</b>	+00:13:31.516
5	12	UXIA FERNANDEZ DIAZ	CDF	CIDADE DE LUGO FLUVIAL	23	00:26:19.117	05:16 min/Km	19	00:47:00.630	25,5 Km/h	17	00:12:45.730	05:07 min/Km	19	<b>01:26:05.477</b>	+00:17:20.060
6	21	MARIA LOPEZ MORADO	CDF	CIDADE DE LUGO FLUVIAL	25	00:26:22.057	05:17 min/Km	23	00:49:33.000	24,2 Km/h	24	00:14:26.890	05:47 min/Km	23	<b>01:30:21.947</b>	+00:21:36.530
NP	20	MARIA LOIS ABAL	CDF	ARCADE INFORHOUSE SANTIAGO												

### JUNIOR FEMENINO

POS.	NUMBER	PARTICIPANT	CAT	CLUB	POS.	CARRERA	RITMO	POS.	CICLISMO	MEDIA	POS.	CARRERA 2	RITMO	POS.	META	DIFF.
1	7	CARLA CASTAÑO GARCIA	JNF	ARCADE INFORHOUSE SANTIAGO	3	00:20:23.247	04:05 min/Km	2	00:38:08.870	31,5 Km/h	2	00:10:13.783	04:06 min/Km	2	<b>01:08:45.900</b>	+00:00:00.483

### SUB23 FEMENINA

POS.	NUMBER	PARTICIPANT	CAT	CLUB	POS.	CARRERA	RITMO	POS.	CICLISMO	MEDIA	POS.	CARRERA 2	RITMO	POS.	META	DIFF.
1	27	KATIA SENIN GONZALEZ	SUB23F	OLIMPICO DE VEDRA	17	00:24:10.777	04:51 min/Km	11	00:41:50.300	28,7 Km/h	16	00:12:38.220	05:04 min/Km	15	<b>01:18:39.297</b>	+00:09:53.880
NF	10	SARA ESPERON BELLO	SUB23F	GV SPORTS CLUB	16	00:23:44.407	04:45 min/Km									

### VETERANAS 1 FEMENINA

POS.	NUMBER	PARTICIPANT	CAT	CLUB	POS.	CARRERA	RITMO	POS.	CICLISMO	MEDIA	POS.	CARRERA 2	RITMO	POS.	META	DIFF.
1	8	SILVIA DEIRA BARCALA	V1F	ARCADE INFORHOUSE SANTIAGO	5	00:20:39.197	04:08 min/Km	3	00:39:51.330	30,1 Km/h	1	00:08:39.030	03:28 min/Km	3	<b>01:09:09.557</b>	+00:00:24.140
2	17	AIDA GARCIA LOPEZ	V1F	OLIMPICO DE VEDRA	4	00:20:38.807	04:08 min/Km	4	00:39:51.720	30,1 Km/h	4	00:10:44.440	04:18 min/Km	4	<b>01:11:14.967</b>	+00:02:29.550
3	18	PALOMA HERBELLO HERMELO	V1F	ARCADE INFORHOUSE SANTIAGO	11	00:22:00.417	04:25 min/Km	14	00:43:18.760	27,7 Km/h	7	00:11:07.140	04:27 min/Km	10	<b>01:16:26.317</b>	+00:07:40.900

### VETERANAS 2 FEMENINA

POS.	NUMBER	PARTICIPANT	CAT	CLUB	POS.	CARRERA	RITMO	POS.	CICLISMO	MEDIA	POS.	CARRERA 2	RITMO	POS.	META	DIFF.
1	4	MARIA DEL CARMEN CABALEIRO HERNANDEZ	V2F	AXA AGENCIA GARRIGA-BEARIZ TRIATLON	18	00:24:14.557	04:51 min/Km	7	00:41:08.010	29,2 Km/h	13	00:12:13.520	04:54 min/Km	13	<b>01:17:36.087</b>	+00:08:50.670

# XVI DUATLON CIDADE DE SANTIAGO

## RESULTADOS OFICIAIS CLUBS FEMENINA



LACALIDADE : SANTIAGO DE COMPOSTELA		DISTANCIA	CARREIRA	CICLISMO	CARREIRA
DATA: SÁBADO , 05 DE MARZO DE 2016	HORA: 17:10	SPRINT	5KM	20 KM	20 KM

### OFICIAIS

DELEGADO TECNICO : MONICA FLORES XUIZ ARBITRO: JOSÉ MANUEL REY	XURADO DA COMPETICION	MONICA FLORES - DELEGADA TÉCNICA JUAN LUIS PEDROSA - FEGATRI ISMAEL GARCIA - OLIMPICO DE VEDRA
---	-----------------------------	--

### DATOS DA COMPETICION

CARREIRA : 5KM	CICLISMO : 20KM	CARREIRA : 2,5KM
2 VOLTAS	4 VOLTAS	2 VOLTAS
INSCRITOS : 29	REMATARON: 24	RETIRADOS: 2
		NON PRESENTADOS : 3
		DESCALIFICADOS: 0

1 ARCADE INFORHOUSE SANTIAGO						03:26:40.874
NUMBER	PARTICIPANT	CAT	CLUB	META		
1	6 INES CASTAÑO GARCIA	CDF	ARCADE INFORHOUSE SANTIAGO	01:08:45.417		
2	7 CARLA CASTAÑO GARCIA	JNF	ARCADE INFORHOUSE SANTIAGO	01:08:45.900		
3	8 SILVIA DEIRA BARCALA	V1F	ARCADE INFORHOUSE SANTIAGO	01:09:09.557		

2 OLIMPICO DE VEDRA						03:47:05.701
NUMBER	PARTICIPANT	CAT	CLUB	META		
1	17 AIDA GARCIA LOPEZ	V1F	OLIMPICO DE VEDRA	01:11:14.967		
2	15 TANIA GARABATOS RODRIGUEZ	ABF	OLIMPICO DE VEDRA	01:17:11.437		
3	27 KATIA SENIN GONZALEZ	SUB23F	OLIMPICO DE VEDRA	01:18:39.297		

3 CIDADE DE LUGO FLUVIAL						03:58:03.891
NUMBER	PARTICIPANT	CAT	CLUB	META		
1	2 CARMEN BELLO RODRIGUEZ	CDF	CIDADE DE LUGO FLUVIAL	01:13:34.267		
2	28 MARIA SOUTO PRIETO	ABF	CIDADE DE LUGO FLUVIAL	01:18:24.147		
3	12 UXIA FERNANDEZ DIAZ	CDF	CIDADE DE LUGO FLUVIAL	01:26:05.477		

4 NOSPORTLIMIT						04:31:31.981
NUMBER	PARTICIPANT	CAT	CLUB	META		
1	1 MONICA ALARCON HERNANDEZ	ABF	NOSPORTLIMIT	01:28:10.527		
2	19 LUCIA LENDOIRO REGUEIRO	ABF	NOSPORTLIMIT	01:29:28.377		
3	11 SANDRA MARIA FARIÑA BALSA	ABF	NOSPORTLIMIT	01:33:53.077		

# XVI DUATLON CIDADE DE SANTIAGO

## RESULTADOS OFICIAIS ABSOLUTA MASCULINA



LACALIDADE : SANTIAGO DE COMPOSTELA		DISTANCIA	CARREIRA	CICLISMO	CARREIRA
DATA: SÁBADO , 05 DE MARZO DE 2016	HORA: 17:10	SPRINT	5KM	20 KM	20 KM

### OFICIAIS

DELEGADO TECNICO : MONICA FLORES XUIZ ARBITRO: JOSÉ MANUEL REY	XURADO DA COMPETICION	MONICA FLORES - DELEGADA TÉCNICA JUAN LUIS PEDROSA - FEGATRI ISMAEL GARCIA - OLIMPICO DE VEDRA
---	-----------------------------	--

### DATOS DA COMPETICION

CARREIRA : 5KM	CICLISMO : 20KM	CARREIRA : 2,5KM
2 VOLTAS	4 VOLTAS	2 VOLTAS
INSCRITOS : 168	REMATARON: 128	RETIRADOS: 15
		NON PRESENTADOS : 25
		DESCALIFICADOS: 0

POS.	NUMBER	PARTICIPANT	CAT	CLUB	POS.	CARRERA 1	RITMO	POS.	CICLISMO	MEDIA	POS.	CARRERA 2	RITMO	POS.	META	DIFF.
1	40	ALBERTO CASTIÑEIRA FIGUEROA	SUB23M	ARCADE INFORHOUSE SANTIAGO	1	00:16:04.567	03:13 min/Km	10	00:33:14.223	36,1 Km/h	1	00:07:41.247	03:05 min/Km	1	00:57:00.037	
2	70	EDSON BRANDON GOMEZ RUIZ	SUB23M	TRIATLON ARTEIXO	3	00:16:24.707	03:17 min/Km	4	00:32:54.900	36,5 Km/h	2	00:08:04.680	03:14 min/Km	2	00:57:24.287	+00:00:24.250
3	106	GUSTAVO RODRIGUEZ IGLESIAS	ABM	A.D. TRI-PENTA TERRAS DE LUGO	7	00:16:25.567	03:18 min/Km	2	00:32:47.840	36,6 Km/h	3	00:08:21.480	03:21 min/Km	3	00:57:34.887	+00:00:34.850
4	88	EDUARDO ELIAS MORENO CASTAÑEDA	SUB23M	TRIATLON ARTEIXO	2	00:16:10.537	03:15 min/Km	3	00:32:48.490	36,6 Km/h	7	00:08:44.090	03:30 min/Km	4	00:57:43.117	+00:00:43.080
5	86	BRAIS MISA GARCIA	ABM	CLUB ATLETISMO PORRIÑO	4	00:16:24.807	03:17 min/Km	5	00:32:59.160	36,4 Km/h	4	00:08:25.170	03:23 min/Km	5	00:57:49.137	+00:00:49.100
6	43	FRANCISCO CENDAN LLORENS	SUB23M	TALLERES DAVID TRIATLON COMPOSTELA	5	00:16:24.957	03:17 min/Km	6	00:32:59.280	36,4 Km/h	10	00:08:48.900	03:32 min/Km	6	00:58:13.137	+00:01:13.100
7	41	IGNACIO CASTRO SANTOS	SUB23M	ARCADE INFORHOUSE SANTIAGO	8	00:16:51.337	03:23 min/Km	18	00:33:40.700	35,6 Km/h	5	00:08:29.810	03:24 min/Km	7	00:59:01.847	+00:02:01.810
8	94	BRAIS OTERO LESTON	JNM	ARCADE INFORHOUSE SANTIAGO	10	00:16:51.997	03:23 min/Km	15	00:33:34.680	35,7 Km/h	12	00:08:51.183	03:33 min/Km	8	00:59:17.860	+00:02:17.823
9	64	RAUL GARCIA AGRA	JNM	ARCADE INFORHOUSE SANTIAGO	13	00:16:52.757	03:23 min/Km	17	00:33:37.010	35,7 Km/h	11	00:08:49.327	03:32 min/Km	9	00:59:19.093	+00:02:19.056
10	108	BORJA SANCHEZ CAMPOS	ABM	CLUB TRIATLON CORUÑA	16	00:17:14.947	03:27 min/Km	12	00:33:23.280	35,9 Km/h	8	00:08:45.287	03:31 min/Km	10	00:59:23.513	+00:02:23.476
11	99	DIEGO PEREZ VIEITES	ABM	TRINORTH-NOGASA	15	00:16:52.977	03:23 min/Km	20	00:33:42.250	35,6 Km/h	9	00:08:48.700	03:32 min/Km	11	00:59:23.927	+00:02:23.890
12	52	MANUEL DOMINGO DOSIL LAGO	ABM	OLIMPICO DE VEDRA	6	00:16:25.547	03:18 min/Km	29	00:34:09.620	35,1 Km/h	14	00:09:12.100	03:41 min/Km	12	00:59:47.267	+00:02:47.230
13	98	VICENTE PEREZ SOLOVIEV	JNM	ARCADE INFORHOUSE SANTIAGO	28	00:17:39.297	03:32 min/Km	1	00:32:44.350	36,7 Km/h	24	00:09:25.460	03:47 min/Km	13	00:59:49.107	+00:02:49.070
14	87	ENRIQUE MORAN GONZALEZ	ABM	CLUB ATLETISMO PORRIÑO	24	00:17:24.337	03:29 min/Km	9	00:33:13.410	36,1 Km/h	19	00:09:17.840	03:44 min/Km	14	00:59:55.587	+00:02:55.550
15	50	JUAN SEBASTIAN DIAZ IGLESIAS	ABM	CLUB CICLISMO-TRIATLON POIO	12	00:16:52.687	03:23 min/Km	16	00:33:35.050	35,7 Km/h	40	00:09:40.960	03:53 min/Km	15	01:00:08.697	+00:03:08.660
16	34	CARLOS BOUZA CANOSA	ABM	AD NAUTICO DE NARON	20	00:17:23.507	03:29 min/Km	11	00:33:16.940	36,1 Km/h	29	00:09:33.360	03:50 min/Km	16	01:00:13.807	+00:03:13.770
17	89	IAGO MORENZA PEREZ	ABM	CLUB DEPORTIVO PINARIUM	14	00:16:52.837	03:23 min/Km	19	00:33:41.960	35,6 Km/h	45	00:09:45.210	03:55 min/Km	17	01:00:20.007	+00:03:19.970
18	80	ISMAEL LAGO MONROY	ABM	CLUB ATLETISMO PORRIÑO	18	00:17:19.977	03:28 min/Km	21	00:33:46.730	35,5 Km/h	18	00:09:17.160	03:43 min/Km	18	01:00:23.867	+00:03:23.830
19	100	IVAN PUENTES BARCIA	CDM	TRIATLON FERROL	11	00:16:52.227	03:26 min/Km	36	00:34:41.380	34,6 Km/h	13	00:09:00.227	03:37 min/Km	19	01:00:33.833	+00:03:33.796
20	44	JOSE JUAN CEPEDA REBOIRAS	ABM	CLUB NATACION RIVEIRA	19	00:17:22.957	03:29 min/Km	22	00:33:50.130	35,5 Km/h	25	00:09:25.660	03:47 min/Km	20	01:00:38.747	+00:03:38.710
21	36	DAVID CALZAS INSUA	ABM	TRIATLON COSTA DA MORTE	25	00:17:30.997	03:31 min/Km	26	00:33:59.070	35,3 Km/h	15	00:09:12.250	03:41 min/Km	21	01:00:42.317	+00:03:42.280
22	82	ANDRES LOPEZ TORRES	V2M	TRIATLON VILAGARCIA /ATENAS RUNNING	30	00:17:46.447	03:34 min/Km	14	00:33:28.600	35,8 Km/h	27	00:09:29.370	03:48 min/Km	22	01:00:44.417	+00:03:44.380
23	33	JUAN JOSE BALSAS ESTEVEZ	V1M	TEAM CORBELO	41	00:17:59.167	03:36 min/Km	8	00:33:09.590	36,2 Km/h	36	00:09:39.400	03:52 min/Km	23	01:00:48.157	+00:03:48.120
24	49	MIGUEL DAPORTA MENDEZ	ABM	OLIMPICO DE VEDRA	23	00:17:24.017	03:29 min/Km	30	00:34:14.040	35,1 Km/h	20	00:09:18.420	03:44 min/Km	24	01:00:56.477	+00:03:56.440
25	107	ANTON RODRIGUEZ PRIETO	ABM	MONTE PENARUBIA RUNNING LUGO	44	00:18:06.177	03:38 min/Km	7	00:33:05.370	36,3 Km/h	48	00:09:48.920	03:56 min/Km	25	01:01:00.467	+00:04:00.430
26	79	JORGE JANEIRO LORENZO	V1M	CLUB DEPORTIVO PINARIUM	21	00:17:23.617	03:29 min/Km	28	00:34:07.420	35,2 Km/h	46	00:09:46.260	03:55 min/Km	26	01:01:17.297	+00:04:17.260
27	46	ADRIAN COSTAS FALCON	ABM	TRIATLON P.C. RIAS BAIXAS	32	00:17:47.297	03:34 min/Km	27	00:34:01.530	35,3 Km/h	35	00:09:37.930	03:52 min/Km	27	01:01:26.757	+00:04:26.720
28	115	JOSE MANUEL TOME SUAREZ	ABM	TRIATLON COSTA DA MORTE	35	00:17:49.897	03:34 min/Km	24	00:33:52.300	35,4 Km/h	49	00:09:51.727	03:57 min/Km	28	01:01:33.923	+00:04:33.886
29	76	BRAIS IGLESIAS MACEIRA	JNM	ARCADE INFORHOUSE SANTIAGO	9	00:16:51.647	03:23 min/Km	42	00:35:29.220	33,8 Km/h	16	00:09:14.100	03:42 min/Km	29	01:01:34.967	+00:04:34.930

# XVI DUATLON CIDADE DE SANTIAGO

## RESULTADOS OFICIAIS ABSOLUTA MASCULINA



LACALIDADE : SANTIAGO DE COMPOSTELA		DISTANCIA	CARREIRA	CICLISMO	CARREIRA
DATA: SÁBADO , 05 DE MARZO DE 2016	HORA: 17:10	SPRINT	5KM	20 KM	20 KM

### OFICIAIS

DELEGADO TECNICO : MONICA FLORES XUIZ ARBITRO: JOSÉ MANUEL REY	XURADO DA COMPETICION	MONICA FLORES - DELEGADA TÉCNICA JUAN LUIS PEDROSA - FEGATRI ISMAEL GARCIA - OLIMPICO DE VEDRA
---	-----------------------------	--

### DATOS DA COMPETICION

CARREIRA : 5KM	CICLISMO : 20KM	CARREIRA : 2,5KM
2 VOLTAS	4 VOLTAS	2 VOLTAS
INSCRITOS : 168	REMATARON: 128	RETIRADOS: 15
		NON PRESENTADOS : 25
		DESCALIFICADOS: 0

POS.	NUMBER	PARTICIPANT	CAT	CLUB	POS.	CARRERA 1	RITMO	POS.	CICLISMO	MEDIA	POS.	CARRERA 2	RITMO	POS.	META	DIFF.
30	53	FRANCISCO ESTEVEZ PEREIRA	V1M	CLUB TRIATLON MORRAZO	33	00:17:48.037	03:34 min/Km	33	00:34:34.100	34,7 Km/h	23	00:09:21.060	03:45 min/Km	30	<b>01:01:43.197</b>	+00:04:43.160
31	78	JOSE RAMON JACOME MAZAS	V1M	TRIATLON P.C. RIAS BAIXAS	47	00:18:08.727	03:38 min/Km	13	00:33:24.760	35,9 Km/h	70	00:10:14.090	04:06 min/Km	31	<b>01:01:47.577</b>	+00:04:47.540
32	65	ISMAEL GARCIA CARBALLO	ABM	OLIMPICO DE VEDRA	39	00:17:57.847	03:36 min/Km	23	00:33:50.760	35,5 Km/h	64	00:10:09.290	04:04 min/Km	32	<b>01:01:57.897</b>	+00:04:57.860
33	103	ELADIO RAMOS RODRIGUEZ	V1M	GV SPORTS CLUB	45	00:18:07.507	03:38 min/Km	25	00:33:57.410	35,3 Km/h	59	00:10:03.717	04:02 min/Km	33	<b>01:02:08.633</b>	+00:05:08.596
34	31	DAVID ARIAS DIAZ	V1M	TRIATLON FERROL	22	00:17:23.857	03:29 min/Km	41	00:35:25.170	33,9 Km/h	39	00:09:40.740	03:53 min/Km	34	<b>01:02:29.767</b>	+00:05:29.730
35	30	VICTOR ALONSO SAA	ABM	CLUB ATLETISMO PORRIÑO	58	00:18:29.737	03:42 min/Km	35	00:34:38.600	34,6 Km/h	41	00:09:41.340	03:53 min/Km	35	<b>01:02:49.677</b>	+00:05:49.640
36	71	ALBERTO GOMEZ VILA	ABM	AXA AGENCIA GARRIGA-BEARIZ TRIATLON	61	00:18:33.827	03:43 min/Km	32	00:34:31.950	34,7 Km/h	47	00:09:47.310	03:55 min/Km	36	<b>01:02:53.087</b>	+00:05:53.050
37	113	ROMULO SOTO VAZQUEZ	ABM	AXA AGENCIA GARRIGA-BEARIZ TRIATLON	72	00:19:02.467	03:49 min/Km	31	00:34:23.120	34,9 Km/h	26	00:09:28.000	03:48 min/Km	37	<b>01:02:53.587</b>	+00:05:53.550
38	45	CARLOS COIRA LOJO	V1M	TRIATLON VILAGARCIA /ATENAS RUNNING	31	00:17:47.177	03:34 min/Km	44	00:35:38.410	33,7 Km/h	32	00:09:35.520	03:51 min/Km	38	<b>01:03:01.107</b>	+00:06:01.070
39	61	OSCAR FERNANDEZ VAZQUEZ	ABM	ARCADE INFORHOUSE SANTIAGO	17	00:17:15.157	03:28 min/Km	39	00:35:12.710	34,1 Km/h	83	00:10:34.730	04:14 min/Km	39	<b>01:03:02.597</b>	+00:06:02.560
40	47	IVAN CRUZ SOTO	ABM	TRISADA	42	00:18:00.847	03:37 min/Km	46	00:35:47.070	33,5 Km/h	17	00:09:16.200	03:43 min/Km	40	<b>01:03:04.117</b>	+00:06:04.080
41	114	ANTONIO SOUTO PRIETO	CDM	CIDADE DE LUGO FLUVIAL	52	00:18:21.827	03:41 min/Km	37	00:34:41.710	34,6 Km/h	58	00:10:00.780	04:01 min/Km	41	<b>01:03:04.317</b>	+00:06:04.280
42	63	FRANCISCO JAVIER GARCIA ABALO	V1M	CLUB CICLISMO-TRIATLON POIO	59	00:18:31.677	03:43 min/Km	34	00:34:34.190	34,7 Km/h	63	00:10:07.660	04:04 min/Km	42	<b>01:03:13.527</b>	+00:06:13.490
43	66	MARCOS GARCIA CASTRO	ABM	CLUB CICLISMO-TRIATLON POIO	54	00:18:25.417	03:42 min/Km	38	00:35:02.430	34,2 Km/h	51	00:09:53.960	04:14 min/Km	43	<b>01:03:21.807</b>	+00:06:21.770
44	95	CESAR OTERO PEREIRA	CDM	OLIMPICO DE VEDRA	36	00:17:49.957	03:34 min/Km	52	00:36:05.100	33,3 Km/h	30	00:09:33.720	03:50 min/Km	44	<b>01:03:28.777</b>	+00:06:28.740
45	111	ERNESTO SOBRINO MARFULL	ABM	NOSPORTLIMIT	53	00:18:24.307	03:41 min/Km	40	00:35:16.790	34,0 Km/h	53	00:09:56.000	03:59 min/Km	46	<b>01:03:37.097</b>	+00:06:37.060
46	74	JUAN CARLOS GONZALEZ OROZCO	V1M	TRIATLON FERROL	49	00:18:11.637	03:39 min/Km	50	00:35:52.070	33,5 Km/h	33	00:09:36.220	03:51 min/Km	47	<b>01:03:39.927</b>	+00:06:39.890
47	83	YERAY LORENZO GARCIA	CDM	TRIATLON O TREITO	27	00:17:37.457	03:32 min/Km	49	00:35:50.750	33,5 Km/h	72	00:10:15.990	04:07 min/Km	48	<b>01:03:44.197</b>	+00:06:44.160
48	196	ALBERTO FERNANDEZ ENCINA	ABM	CLUB DEPORTIVO TRIATLON BIERZO	26	00:17:35.937	03:32 min/Km	45	00:35:43.130	33,6 Km/h	81	00:10:34.470	04:14 min/Km	49	<b>01:03:53.537</b>	+00:06:53.500
49	97	ARTURO PASANTES VIDAL	V1M	TRIATLON COSTA DA MORTE	48	00:18:09.007	03:38 min/Km	48	00:35:50.610	33,5 Km/h	60	00:10:04.330	04:02 min/Km	50	<b>01:04:03.947</b>	+00:07:03.910
50	110	VICTOR MANUEL SEIJAS FOLGUEIRA	ABM	CIDADE DE LUGO FLUVIAL	38	00:17:56.827	03:36 min/Km	57	00:36:43.570	32,7 Km/h	28	00:09:29.840	03:48 min/Km	51	<b>01:04:10.237</b>	+00:07:10.200
51	105	JAVIER RODRIGUEZ GONZALEZ	ABM	TRIATLON O TREITO	57	00:18:28.277	03:42 min/Km	47	00:35:47.960	33,5 Km/h	57	00:10:00.630	04:01 min/Km	52	<b>01:04:16.867</b>	+00:07:16.830
52	72	XOSE CARLOS GONZALEZ AVION	V1M	TRIATLON VILAGARCIA /ATENAS RUNNING	60	00:18:32.217	03:43 min/Km	53	00:36:14.910	33,1 Km/h	42	00:09:41.410	03:53 min/Km	54	<b>01:04:28.537</b>	+00:07:28.500
53	67	JORGE MANUEL GARCIA RODRIGUEZ	V1M	TALLERES DAVID TRIATLON COMPOSTELA	43	00:18:04.747	03:37 min/Km	56	00:36:37.790	32,8 Km/h	52	00:09:55.570	03:59 min/Km	55	<b>01:04:38.107</b>	+00:07:38.070
54	101	RUBEN QUIÑOY VILARIÑO	ABM	ARCADE INFORHOUSE SANTIAGO	69	00:18:54.527	03:47 min/Km	51	00:35:56.670	33,4 Km/h	69	00:10:13.760	04:06 min/Km	56	<b>01:05:04.957</b>	+00:08:04.920
55	93	JOSE MANUEL OMIL IGLESIAS	ABM	CLUB DEPORTIVO PINARIUM	37	00:17:54.957	03:35 min/Km	77	00:37:51.320	31,7 Km/h	21	00:09:19.980	03:44 min/Km	57	<b>01:05:06.257</b>	+00:08:06.220
56	84	JULIO MALLO NIETO	ABM	OLIMPICO DE VEDRA	50	00:18:12.547	03:39 min/Km	60	00:37:03.380	32,4 Km/h	84	00:10:36.930	04:15 min/Km	60	<b>01:05:52.857</b>	+00:08:52.820
57	39	BORJA CANTO BAÑA	ABM	CLUB NATACIÓN LICEO	62	00:18:46.197	03:46 min/Km	54	00:36:30.540	32,9 Km/h	92	00:10:45.557	04:19 min/Km	61	<b>01:06:02.293</b>	+00:09:02.256
58	85	DAMIAN MARTINEZ SANCHEZ	SUB23M	ARCADE INFORHOUSE SANTIAGO	46	00:18:08.197	03:38 min/Km	55	00:36:31.730	32,9 Km/h	111	00:11:33.120	04:38 min/Km	62	<b>01:06:13.047</b>	+00:09:13.010

# XVI DUATLON CIDADE DE SANTIAGO

## RESULTADOS OFICIAIS ABSOLUTA MASCULINA



LACALIDADE : SANTIAGO DE COMPOSTELA		DISTANCIA	CARREIRA	CICLISMO	CARREIRA
DATA: SÁBADO , 05 DE MARZO DE 2016	HORA: 17:10	SPRINT	5KM	20 KM	20 KM

### OFICIAIS

DELEGADO TECNICO : MONICA FLORES XUIZ ARBITRO: JOSÉ MANUEL REY	XURADO DA COMPETICION	MONICA FLORES - DELEGADA TÉCNICA JUAN LUIS PEDROSA - FEGATRI ISMAEL GARCIA - OLIMPICO DE VEDRA
---	-----------------------------	--

### DATOS DA COMPETICION

CARREIRA : 5KM	CICLISMO : 20KM	CARREIRA : 2,5KM
2 VOLTAS	4 VOLTAS	2 VOLTAS
INSCRITOS : 168	REMATARON: 128	RETIRADOS: 15
		NON PRESENTADOS : 25
		DESCALIFICADOS: 0

POS.	NUMBER	PARTICIPANT	CAT	CLUB	POS.	CARRERA 1	RITMO	POS.	CICLISMO	MEDIA	POS.	CARRERA 2	RITMO	POS.	META	DIFF.
59	112	ABELARDO MANUEL SOLER RIVAS	ABM	ARTROGAL-TRI 498	40	00:17:58.057	03:36 min/Km	87	00:38:40.970	31,0 Km/h	38	00:09:40.107	03:53 min/Km	64	<b>01:06:19.133</b>	+00:09:19.096
60	62	JAVIER FREIRE GALLEG0	ABM	AXA AGENCIA GARRIGA-BEARIZ TRIATLON	67	00:18:51.417	03:47 min/Km	74	00:37:40.760	31,8 Km/h	68	00:10:11.780	04:05 min/Km	66	<b>01:06:43.957</b>	+00:09:43.920
61	91	RUBEN NEGREIRA MARTINEZ	ABM	ARCADE INFORHOUSE SANTIAGO	66	00:18:49.837	03:46 min/Km	86	00:38:32.360	31,1 Km/h	77	00:10:21.380	04:09 min/Km	73	<b>01:07:43.577</b>	+00:10:43.540
62	69	JOSE MANUEL GAVELA OBARRIO	V1M	A.D. FEFEME TRIATLON DO MIÑO	70	00:19:01.577	03:49 min/Km	79	00:37:59.460	31,6 Km/h	90	00:10:44.660	04:18 min/Km	74	<b>01:07:45.697</b>	+00:10:45.660
63	60	FERNANDO FRANCISCO FERNANDEZ MARTINEZ	V1M	OLIMPICO DE VEDRA	89	00:19:49.647	03:58 min/Km	73	00:37:38.810	31,9 Km/h	82	00:10:34.470	04:14 min/Km	76	<b>01:08:02.927</b>	+00:11:02.890
64	119	ANTONIO VIDAL ARES	V2M	ARCADE INFORHOUSE SANTIAGO	86	00:19:46.327	03:58 min/Km	75	00:37:42.130	31,8 Km/h	94	00:10:47.010	04:19 min/Km	82	<b>01:08:15.467</b>	+00:11:15.430
65	75	JOSU MIKEL GUTIERREZ RAMOS	ABM	AD NAUTICO DE NARON	84	00:19:43.767	03:57 min/Km	82	00:38:14.990	31,4 Km/h	101	00:11:02.760	04:26 min/Km	89	<b>01:09:01.517</b>	+00:12:01.480
66	104	FRANCISCO JAVIER REY PADIN	V1M	TRIATLON VILAGARCIA /ATENAS RUNNING	82	00:19:42.957	03:57 min/Km	78	00:37:53.670	31,7 Km/h	109	00:11:30.670	04:37 min/Km	90	<b>01:09:07.297</b>	+00:12:07.260
67	175	JAVIER RAMOS BOTANA	V1M	CIDADE DE LUGO FLUVIAL	34	00:17:49.813	03:34 min/Km	43	00:35:29.913	33,8 Km/h	66	00:10:09.633	04:04 min/Km	45	<b>01:03:29.360</b>	
68	133	XURXO CARBALLO MONTEAGUDO	ABM	OLIMPICO DE VEDRA	55	00:18:26.473	03:42 min/Km	65	00:37:20.740	32,1 Km/h	6	00:08:31.220	03:25 min/Km	53	<b>01:04:18.433</b>	+00:00:49.073
69	167	PABLO MIGUENS TRIÑANES	ABM	ARTROGAL-TRI 498	64	00:18:47.513	03:46 min/Km	58	00:37:00.700	32,4 Km/h	37	00:09:39.740	03:52 min/Km	58	<b>01:05:27.953</b>	+00:01:58.593
70	131	MARCOS CANEIRO CANEIRO	V1M	TRIATLON FERROL	65	00:18:49.063	03:46 min/Km	59	00:37:02.150	32,4 Km/h	54	00:09:59.003	03:60 min/Km	59	<b>01:05:50.217</b>	+00:02:20.857
71	140	ALBERTO DOPAZO MIGUEZ	V1M	TALLERES DAVID TRIATLON COMPOSTELA	76	00:19:22.263	03:53 min/Km	63	00:37:16.550	32,2 Km/h	34	00:09:37.553	03:52 min/Km	63	<b>01:06:16.367</b>	+00:02:47.007
72	189	XAN XOSE SUAREZ VILELA	ABM	C. NATACION CEDEIRA MUEBLES GARCIA	73	00:19:14.523	03:51 min/Km	69	00:37:29.240	32,0 Km/h	50	00:09:52.507	03:58 min/Km	65	<b>01:06:36.270</b>	+00:03:06.910
73	123	RAFAEL ANTAS CANNAS	V1M	AXA AGENCIA GARRIGA-BEARIZ TRIATLON	74	00:19:15.233	03:52 min/Km	70	00:37:30.500	32,0 Km/h	61	00:10:04.483	04:02 min/Km	67	<b>01:06:50.217</b>	+00:03:20.857
74	135	BENJAMIN COSTA FERNANDEZ	ABM	ARTROGAL-TRI 498	63	00:18:46.753	03:46 min/Km	83	00:38:19.330	31,3 Km/h	44	00:09:44.533	03:54 min/Km	68	<b>01:06:50.617</b>	+00:03:21.257
75	121	IÑAKI AMATRIA BARRAL	CDM	GV SPORTS CLUB	56	00:18:27.833	03:42 min/Km	80	00:38:13.150	31,4 Km/h	89	00:10:44.233	04:18 min/Km	69	<b>01:07:25.217</b>	+00:03:55.857
76	159	MARCOS LOSADA GARCIA	V1M	ARCADE INFORHOUSE SANTIAGO	88	00:19:48.733	03:58 min/Km	71	00:37:30.700	32,0 Km/h	65	00:10:09.587	04:04 min/Km	70	<b>01:07:29.020</b>	+00:03:59.660
77	143	JOSE MANUEL FERNANDEZ MENDEZ	V1M	TRI OURENSE	29	00:17:40.873	03:33 min/Km	102	00:40:17.960	29,8 Km/h	31	00:09:35.200	03:51 min/Km	71	<b>01:07:34.033</b>	+00:04:04.673
78	176	JOSE REY-SEJO ALCALA	V1M	TRIATLON FERROL	94	00:20:01.233	04:01 min/Km	67	00:37:21.870	32,1 Km/h	74	00:10:17.080	04:07 min/Km	72	<b>01:07:40.183</b>	+00:04:10.823
79	136	CESAR COSTOYA PRADO	ABM	TALLERES DAVID TRIATLON COMPOSTELA	91	00:19:56.153	03:60 min/Km	72	00:37:37.220	31,9 Km/h	76	00:10:20.370	04:09 min/Km	75	<b>01:07:53.743</b>	+00:04:24.383
80	168	CARLOS MOAR ARES	ABM	CLUB LA FUGA-KURAI	75	00:19:16.263	03:52 min/Km	93	00:39:03.450	30,7 Km/h	43	00:09:43.597	03:54 min/Km	77	<b>01:08:03.310</b>	+00:04:33.950
81	170	DAVID JOSE PASTORIZA FERNANDEZ	ABM	OLIMPICO DE VEDRA	81	00:19:38.153	03:56 min/Km	84	00:38:20.960	31,3 Km/h	62	00:10:05.173	04:03 min/Km	78	<b>01:08:04.287</b>	+00:04:34.927
82	129	SIMON CABARCOS NOVAS	ABM	AD NAUTICO DE NARON	68	00:18:54.103	03:47 min/Km	94	00:39:04.180	30,7 Km/h	67	00:10:10.317	04:05 min/Km	79	<b>01:08:08.600</b>	+00:04:39.240
83	188	DANIEL SANTALLA GARCIA	JNM	TRIATLON FERROL	92	00:19:56.873	03:60 min/Km	68	00:37:22.500	32,1 Km/h	96	00:10:50.130	04:21 min/Km	80	<b>01:08:09.503</b>	+00:04:40.143
84	146	EMILIO JOSE FERREIRO HERVES	V1M	TRIATLON MOTOBIKE PONTEVEDRA	83	00:19:43.593	03:57 min/Km	81	00:38:13.430	31,4 Km/h	73	00:10:16.440	04:07 min/Km	81	<b>01:08:13.463</b>	+00:04:44.103
85	134	FELIPE CORRAL REY	ABM	NOSPORTLIMIT	80	00:19:37.923	03:56 min/Km	85	00:38:31.700	31,1 Km/h	78	00:10:22.160	04:09 min/Km	83	<b>01:08:31.783</b>	+00:05:02.423
86	171	JUAN PAZOS EIROA	SUB23M	GV SPORTS CLUB	98	00:20:10.573	04:03 min/Km	76	00:37:47.320	31,8 Km/h	88	00:10:44.047	04:18 min/Km	84	<b>01:08:41.940</b>	+00:05:12.580
87	185	CARLOS JESUS RODRIGUEZ REY	V1M	TALLERES DAVID TRIATLON COMPOSTELA	79	00:19:35.723	03:56 min/Km	90	00:38:54.650	30,8 Km/h	71	00:10:15.207	04:07 min/Km	85	<b>01:08:45.580</b>	+00:05:16.220



# XVI DUATLON CIDADE DE SANTIAGO

## RESULTADOS OFICIAIS ABSOLUTA MASCULINA



LACALIDADE : SANTIAGO DE COMPOSTELA		DISTANCIA	CARREIRA	CICLISMO	CARREIRA
DATA: SÁBADO , 05 DE MARZO DE 2016	HORA: 17:10	SPRINT	5KM	20 KM	20 KM

### OFICIAIS

DELEGADO TECNICO : MONICA FLORES XUIZ ARBITRO: JOSÉ MANUEL REY	XURADO DA COMPETICION	MONICA FLORES - DELEGADA TÉCNICA JUAN LUIS PEDROSA - FEGATRI ISMAEL GARCIA - OLIMPICO DE VEDRA
---	-----------------------------	--

### DATOS DA COMPETICION

CARREIRA : 5KM 2 VOLTAS INSCRITOS : 168	CICLISMO : 20KM 4 VOLTAS REMATARON: 128	CARREIRA : 2,5KM 2 VOLTAS RETIRADOS: 15 NON PRESENTADOS : 25 DESCALIFICADOS: 0
---	---	--

POS.	NUMBER	PARTICIPANT	CAT	CLUB	POS.	CARRERA 1	RITMO	POS.	CICLISMO	MEDIA	POS.	CARRERA 2	RITMO	POS.	META	DIFF.
88	127	XOSE ANTON BARREIRO PEREIRA	V1M	OLIMPICO DE VEDRA	51	00:18:17.223	03:40 min/Km	109	00:41:13.490	29,1 Km/h	22	00:09:20.293	03:45 min/Km	86	01:08:51.007	+00:05:21.647
89	164	FAUSTINO MEIS VEIGA	V1M	TRIATLON P.C. RIAS BAIXAS	71	00:19:02.283	03:49 min/Km	92	00:39:00.030	30,8 Km/h	98	00:10:52.900	04:22 min/Km	87	01:08:55.213	+00:05:25.853
90	160	CARLOS MALDONADO GONZALEZ	V1M	ARCADE INFORHOUSE SANTIAGO	103	00:20:28.353	04:06 min/Km	66	00:37:21.710	32,1 Km/h	104	00:11:06.320	04:27 min/Km	88	01:08:56.383	+00:05:27.023
91	172	MANUEL PEDRE VAZQUEZ	V1M	NOSPORTLIMIT	106	00:20:39.873	04:08 min/Km	64	00:37:17.430	32,2 Km/h	110	00:11:32.120	04:37 min/Km	91	01:09:29.423	+00:06:00.063
92	165	JUAN MANUEL MENDEZ FROJAN	V1M	ARTROGAL-TRI 498	111	00:20:54.993	04:11 min/Km	62	00:37:07.800	32,3 Km/h	112	00:11:34.350	04:38 min/Km	92	01:09:37.143	+00:06:07.783
93	191	SERGIO VAZQUEZ OTERO	ABM	ARCADE INFORHOUSE SANTIAGO	87	00:19:48.223	03:58 min/Km	89	00:38:53.480	30,9 Km/h	103	00:11:05.370	04:27 min/Km	93	01:09:47.073	+00:06:17.713
94	173	MANUEL PIÑEIRO FIEL	ABM	TRIATLON P.C. RIAS BAIXAS	93	00:19:56.973	03:60 min/Km	100	00:39:53.150	30,1 Km/h	56	00:09:59.540	03:60 min/Km	94	01:09:49.663	+00:06:20.303
95	162	IÑIGO MARTINEZ MARTINEZ	JNM	CLUB DEPORTIVO PINARIUM	95	00:20:02.003	04:01 min/Km	99	00:39:51.820	30,1 Km/h	55	00:09:59.270	03:60 min/Km	95	01:09:53.093	+00:06:23.733
96	169	MARCOS OTERO LEDO	V1M	CIDADE DE LUGO FLUVIAL	104	00:20:28.973	04:06 min/Km	88	00:38:50.790	30,9 Km/h	85	00:10:39.300	04:16 min/Km	96	01:09:59.063	+00:06:29.703
97	181	ANTONIO RODRIGUEZ FERNANDEZ	ABM	CLUB LA FUGA-KURAI	100	00:20:13.453	04:03 min/Km	95	00:39:22.530	30,5 Km/h	80	00:10:23.817	04:10 min/Km	97	01:09:59.800	+00:06:30.440
98	130	ALBERTO CANEIRO CANEIRO	ABM	TRIATLON FERROL	85	00:19:45.123	03:58 min/Km	97	00:39:29.010	30,4 Km/h	97	00:10:51.790	04:21 min/Km	98	01:10:05.923	+00:06:36.563
99	161	FERNANDO MARTINEZ BEIS	ABM	CLUB DEPORTIVO PINARIUM	119	00:21:45.283	04:22 min/Km	61	00:37:07.570	32,3 Km/h	106	00:11:19.570	04:32 min/Km	99	01:10:12.423	+00:06:43.063
100	183	DAVID RODRIGUEZ HIERRO	ABM	CLUB LA FUGA-KURAI	77	00:19:33.313	03:55 min/Km	105	00:40:31.450	29,6 Km/h	75	00:10:17.420	04:07 min/Km	100	01:10:22.183	+00:06:52.823
101	126	LUIS BALDO MACIA	V1M	A.D. FOGAR	99	00:20:13.063	04:03 min/Km	98	00:39:32.550	30,3 Km/h	91	00:10:45.460	04:19 min/Km	101	01:10:31.073	+00:07:01.713
102	166	JUAN MENDEZ LOPEZ	V1M	TRISADA	101	00:20:24.923	04:05 min/Km	96	00:39:23.590	30,5 Km/h	107	00:11:24.237	04:34 min/Km	102	01:11:12.750	+00:07:43.390
103	180	MANUEL FRANCISCO RODRIGUEZ FERNANDEZ	ABM	CLUB LA FUGA-KURAI	90	00:19:51.743	03:59 min/Km	110	00:41:19.630	29,0 Km/h	79	00:10:22.770	04:10 min/Km	103	01:11:34.143	+00:08:04.783
104	122	PABLO ANIDO COUCE	ABM	NOSPORTLIMIT	105	00:20:37.993	04:08 min/Km	103	00:40:20.300	29,7 Km/h	87	00:10:41.730	04:17 min/Km	104	01:11:40.023	+00:08:10.663
105	151	CESAR GARCIA NAVAL	ABM	TRI OURENSE	96	00:20:02.763	04:01 min/Km	108	00:40:56.530	29,3 Km/h	95	00:10:49.820	04:20 min/Km	105	01:11:49.113	+00:08:19.753
106	155	ALBERTO ALBINO GONZALEZ SUAREZ	ABM	CLUB LA FUGA-KURAI	78	00:19:34.473	03:55 min/Km	117	00:42:19.110	28,4 Km/h	93	00:10:46.150	04:19 min/Km	106	01:12:39.733	+00:09:10.373
107	194	ANTONIO VILAS GOMEZ	ABM	ARTROGAL-TRI 498	116	00:21:11.143	04:15 min/Km	91	00:38:56.640	30,8 Km/h	120	00:12:33.240	05:02 min/Km	107	01:12:41.023	+00:09:11.663
108	139	MANUEL DIOS COCHON	V1M	GV SPORTS CLUB	114	00:21:06.653	04:14 min/Km	104	00:40:29.770	29,6 Km/h	114	00:11:39.380	04:40 min/Km	108	01:13:15.803	+00:09:46.443
109	192	JESUS VAZQUEZ SANTOS	ABM	CLUB LA FUGA-KURAI	97	00:20:10.513	04:03 min/Km	118	00:42:23.390	28,3 Km/h	100	00:10:55.810	04:23 min/Km	109	01:13:29.713	+00:10:00.353
110	156	JOSE MARIA LAMELA BARCIA	ABM	NOSPORTLIMIT	117	00:21:15.863	04:16 min/Km	114	00:41:53.380	28,6 Km/h	86	00:10:39.370	04:16 min/Km	110	01:13:48.613	+00:10:19.253
111	149	GUILLERMO FREIRE DONADO	ABM	ARCADE INFORHOUSE SANTIAGO	107	00:20:47.933	04:10 min/Km	116	00:42:10.360	28,5 Km/h	108	00:11:30.633	04:37 min/Km	111	01:14:28.927	+00:10:59.567
112	186	SANTIAGO ROMERO ONS	ABM	CLUB ATLETISMO PORRIÑO	120	00:22:10.673	04:27 min/Km	106	00:40:32.370	29,6 Km/h	119	00:12:17.340	04:55 min/Km	112	01:15:00.383	+00:11:31.023
113	157	JOSE ANTONIO LOPEZ FERNANDEZ	V1M	ARTROGAL-TRI 498	108	00:20:49.983	04:10 min/Km	122	00:43:32.460	27,6 Km/h	99	00:10:55.750	04:23 min/Km	113	01:15:18.193	+00:11:48.833
114	147	ANTONIO FILGUEIRAS BOUZA	V1M	TRIATLON FERROL	125	00:23:19.123	04:40 min/Km	101	00:40:16.960	29,8 Km/h	118	00:12:12.320	04:53 min/Km	114	01:15:48.403	+00:12:19.043
115	120	JOSE ANGEL ALVAREZ ALONSO	V1M	CLUB ATLETISMO PORRIÑO	110	00:20:52.113	04:11 min/Km	123	00:43:53.570	27,3 Km/h	105	00:11:16.080	04:31 min/Km	115	01:16:01.763	+00:12:32.403
116	163	CELESTINO MATO PEON	V1M	ARTROGAL-TRI 498	123	00:22:45.583	04:34 min/Km	112	00:41:38.380	28,8 Km/h	117	00:12:03.620	04:50 min/Km	116	01:16:27.583	+00:12:58.223

# XVI DUATLON CIDADE DE SANTIAGO

## RESULTADOS OFICIAIS ABSOLUTA MASCULINA



LACALIDADE : SANTIAGO DE COMPOSTELA		DISTANCIA	CARREIRA	CICLISMO	CARREIRA
DATA: SÁBADO , 05 DE MARZO DE 2016	HORA: 17:10	SPRINT	5KM	20 KM	20 KM

### OFICIAIS

DELEGADO TECNICO : MONICA FLORES XUIZ ARBITRO: JOSÉ MANUEL REY	XURADO DA COMPETICION	MONICA FLORES - DELEGADA TÉCNICA JUAN LUIS PEDROSA - FEGATRI ISMAEL GARCIA - OLIMPICO DE VEDRA
---	-----------------------------	--

### DATOS DA COMPETICION

CARREIRA : 5KM	CICLISMO : 20KM	CARREIRA : 2,5KM
2 VOLTAS	4 VOLTAS	2 VOLTAS
INSCRITOS : 168	REMATARON: 128	RETIRADOS: 15
		NON PRESENTADOS : 25
		DESCALIFICADOS: 0

POS.	NUMBER	PARTICIPANT	CAT	CLUB	POS.	CARRERA 1	RITMO	POS.	CICLISMO	MEDIA	POS.	CARRERA 2	RITMO	POS.	META	DIFF.
117	148	ISMAEL FRANCOS LOPEZ	CDM	CIDADE DE LUGO FLUVIAL	102	00:20:27.283	04:06 min/Km	125	00:44:56.560	26,7 Km/h	113	00:11:38.990	04:40 min/Km	117	01:17:02.833	+00:13:33.473
118	174	MIGUEL PIÑON DAPENA	ABM	TRIATLON P.C. RIAS BAIXAS	126	00:23:45.923	04:46 min/Km	107	00:40:37.920	29,5 Km/h	123	00:12:53.310	05:10 min/Km	118	01:17:17.153	+00:13:47.793
119	124	PEDRO ARIAS URONES	ABM	CLUB LA FUGA-KURAI	124	00:22:46.183	04:34 min/Km	120	00:43:07.080	27,8 Km/h	115	00:11:45.250	04:43 min/Km	119	01:17:38.513	+00:14:09.153
120	128	JOSE BUGALLO SENRA	V1M	GV SPORTS CLUB	113	00:21:05.733	04:14 min/Km	113	00:41:43.160	28,8 Km/h	125	00:14:54.300	05:58 min/Km	120	01:17:43.193	+00:14:13.833
121	152	JOSE LUIS GARRIDO SANZ	ABM	GV SPORTS CLUB	115	00:21:08.883	04:14 min/Km	111	00:41:22.480	29,0 Km/h	127	00:15:28.657	06:12 min/Km	121	01:18:00.020	+00:14:30.660
122	182	ALEJANDRO RODRIGUEZ FRAGUELA	ABM	INDEPENDIENTES	121	00:22:33.653	04:31 min/Km	119	00:42:54.730	28,0 Km/h	122	00:12:43.900	05:06 min/Km	122	01:18:12.283	+00:14:42.923
123	178	FRANCISCO JAVIER RIVERO VEIGA	V1M	CLUB DEPORTIVO PINARIUM	128	00:23:54.333	04:47 min/Km	115	00:41:56.790	28,6 Km/h	121	00:12:35.830	05:03 min/Km	123	01:18:26.953	+00:14:57.593
124	193	ROBERTO VENTUREIRA DOPICO	V1M	TRIATLON FERROL	109	00:20:51.633	04:11 min/Km	127	00:46:31.790	25,8 Km/h	102	00:11:05.060	04:27 min/Km	124	01:18:28.483	+00:14:59.123
125	187	JAVIER SAAVEDRA SANTIAGO	V1M	GV SPORTS CLUB	122	00:22:36.263	04:32 min/Km	126	00:45:01.990	26,6 Km/h	116	00:12:03.550	04:50 min/Km	125	01:19:41.803	+00:16:12.443
126	154	PABLO GONZALEZ PRIETO	ABM	NOSPORTLIMIT	118	00:21:32.463	04:19 min/Km	121	00:43:25.980	27,6 Km/h	126	00:15:24.983	06:10 min/Km	126	01:20:23.427	+00:16:54.067
127	184	JUAN MANUEL RODRIGUEZ PUGA	ABM	NOSPORTLIMIT	127	00:23:48.753	04:46 min/Km	124	00:43:56.150	27,3 Km/h	124	00:13:41.820	05:29 min/Km	127	01:21:26.723	+00:17:57.363
128	190	JAVIER ANGEL VAZQUEZ OREJAS	V2M	A.D. FEFEME TRIATLON DO MIÑO	112	00:21:05.703	04:14 min/Km	128	00:46:39.300	25,7 Km/h	128	00:16:04.850	06:26 min/Km	128	01:23:49.853	+00:20:20.493
DNF	117	JOSE RICARDO VEGA CEBRIAN	SUB23M	TRIATLON ARTEIXO		00:18:24.937	03:41 min/Km		00:32:56.560	36,4 Km/h						
DNF	92	SERGIO OLIVEIRA BOGA	ABM	OLIMPICO DE VEDRA		00:17:36.117	03:32 min/Km		00:34:56.590	34,3 Km/h						
DNF	48	MANUEL DALMEIDA LOPEZ	ABM	TRIATLON VILAGARCIA /ATENAS RUNNING		00:17:12.367	03:27 min/Km									
DNF	57	JAVIER FERNANDEZ FERNANDEZ	ABM	TRIATLON VILAGARCIA /ATENAS RUNNING		00:18:12.037	03:39 min/Km									
DNF	96	PEDRO PABLO OUTERELO COUSIÑO	V1M	TRIATLON VILAGARCIA /ATENAS RUNNING		00:18:12.967	03:39 min/Km									
DNF	56	ISMAEL FERNANDEZ DIAZ	SUB23M	TRIATLON ARTEIXO		00:18:24.867	03:41 min/Km									
DNF	55	DIEGO FERNANDEZ BARREIRO	ABM	CLUB DEPORTIVO PINARIUM		00:19:17.717	03:52 min/Km									
DNF	51	MARCOS DOBALO CASTRO	CDM	OLIMPICO DE VEDRA		00:19:19.467	03:52 min/Km									
DNF	125	GUILLERMO AROSA ROUCO	ABM	CLUB DEPORTIVO PINARIUM		00:19:39.273	03:56 min/Km									
DNF	118	JOSE ANTONIO VEIGA MOSQUERA	V1M	ARCADE INFORHOUSE SANTIAGO		00:19:53.497	03:59 min/Km									
DNF	73	RAUL GONZALEZ GARCIA	V1M	TRIATLON COSTA DA MORTE		00:20:28.157	04:06 min/Km									
DNF	68	FRANCISCO JOSE GARCIA SOAGE	ABM	CLUB DEPORTIVO PINARIUM		00:20:44.417	04:09 min/Km									
DNF	150	ANTONIO GALANTE BARREIRO	JNM	ARCADE INFORHOUSE SANTIAGO		00:20:48.723	04:10 min/Km									
NP	32	ALBERTO CARLOS ASENSIO CAMPAZAS	ABM	ARCADE INFORHOUSE SANTIAGO												
NP	54	ALEJANDRO FERNANDEZ ANIDO	SUB23M	CIDADE DE LUGO FLUVIAL												
NP	42	ANTONIO CEDRON ALVAREZ	ABM	ARCADE INFORHOUSE SANTIAGO												
NP	77	ANTONIO IGLESIAS VILELA	SUB23M	ARCADE INFORHOUSE SANTIAGO												



# XVI DUATLON CIDADE DE SANTIAGO

## RESULTADOS OFICIAIS ABSOLUTA MASCULINA



LACALIDADE : SANTIAGO DE COMPOSTELA		DISTANCIA	CARREIRA	CICLISMO	CARREIRA
DATA: SÁBADO , 05 DE MARZO DE 2016	HORA: 17:10	SPRINT	5KM	20 KM	20 KM

### OFICIAIS

DELEGADO TECNICO : MONICA FLORES XUIZ ARBITRO: JOSÉ MANUEL REY	XURADO DA COMPETICION	MONICA FLORES - DELEGADA TÉCNICA JUAN LUIS PEDROSA - FEGATRI ISMAEL GARCIA - OLIMPICO DE VEDRA
---	-----------------------------	--

### DATOS DA COMPETICION

CARREIRA : 5KM 2 VOLTAS INSCRITOS : 168	CICLISMO : 20KM 4 VOLTAS REMATARON: 128	CARREIRA : 2,5KM 2 VOLTAS RETIRADOS: 15 NON PRESENTADOS : 25 DESCALIFICADOS: 0
---	---	--

POS.	NUMBER	PARTICIPANT	CAT	CLUB	POS.	CARRERA 1	RITMO	POS.	CICLISMO	MEDIA	POS.	CARRERA 2	RITMO	POS.	META	DIFF.
NP	102	ARTURO RAMOS FERROL	V1M	TALLERES DAVID TRIATLON COMPOSTELA												
NP	38	BRAIS CANOSA FERNANDEZ	ABM	ARCADE INFORHOUSE SANTIAGO												
NP	37	CARLOS JOSE CANDAMO BELLO	SUB23M	TRIATLON FERROL												
NP	142	DAVID FERNANDEZ FORNIS	ABM	ARTROGAL-TRI 498												
NP	144	DAVID FERNANDEZ TABOADA	ABM	ARTROGAL-TRI 498												
NP	158	DAVID LOPEZ VILARIÑO	V1M	ARCADE INFORHOUSE SANTIAGO												
NP	90	FRANCISCO JAVIER MOSTEIRO RODRIGUEZ	V1M	TRIATLON VILAGARCIA /ATENAS RUNNING												
NP	81	ISMAEL LOPEZ GONZALEZ	ABM	TRIATLON VILAGARCIA /ATENAS RUNNING												
NP	179	IVO RIVERO VILLAR	SUB23M	ARCADE INFORHOUSE SANTIAGO												
NP	116	JAIME VAZQUEZ MEIIDE	V1M	TRIATLON VILAGARCIA /ATENAS RUNNING												
NP	59	JOSE MANUEL FERNANDEZ LOPEZ	ABM	AD NAUTICO DE NARON												
NP	109	JOSE RAMON SANCHEZ QUINTELA	ABM	CIDADE DE LUGO FLUVIAL												
NP	138	JUAN CLEMENTE DIAZ CHEDA	ABM	CLUB TRIATLON CORUÑA												
NP	195	JUAN JOSE VILELA PUGA	V1M	ARCADE INFORHOUSE SANTIAGO												
NP	35	LUIS CALVO CASTRO	ABM	ARCADE INFORHOUSE SANTIAGO												
NP	145	MANUEL FERNANDEZ VARELA	V1M	MONTE PENARUBIA RUNNING LUGO												
NP	132	MARTIN CAÑETE VAZQUEZ	CDM	A.D. FOGAR												
NP	141	PABLO DOSIL ROSENDE	ABM	ARTROGAL-TRI 498												
NP	153	PAULO GONZALEZ DIAZ	ABM	CLUB DEPORTIVO PINARIUM												
NP	58	RAMON FERNANDEZ LAGO	V1M	CLUB NATACION RIVEIRA												
NP	197	RICARDO GARCIA SANCEDO	V2M	CLUB DEPORTIVO TRIATLON BIERZO												
NP	137	XULIO XOSE DE SANTIAGO FERNANDEZ	V1M	CLUB DEPORTIVO PINARIUM												
NP	177	XURXO RIGUEIRA DIAZ	SUB23M	CLUB TRIATLON MAR DE VIGO												

# XVI DUATLON CIDADE DE SANTIAGO

## RESULTADOS OFICIAIS CATEGORIAS MASCULINA



LACALIDADE : SANTIAGO DE COMPOSTELA		DISTANCIA	CARREIRA	CICLISMO	CARREIRA
DATA: SÁBADO , 05 DE MARZO DE 2016	HORA: 17:10	SPRINT	5KM	20 KM	20 KM

### OFICIAIS

DELEGADO TECNICO : MONICA FLORES XUIZ ARBITRO: JOSÉ MANUEL REY	XURADO DA COMPETICION	MONICA FLORES - DELEGADA TÉCNICA JUAN LUIS PEDROSA - FEGATRI ISMAEL GARCIA - OLIMPICO DE VEDRA
---	-----------------------------	--

### DATOS DA COMPETICION

CARREIRA : 5KM	CICLISMO : 20KM	CARREIRA : 2,5KM
2 VOLTAS	4 VOLTAS	2 VOLTAS
INSCRITOS : 168	REMATARON: 128	RETIRADOS: 15
		NON PRESENTADOS : 25
		DESCALIFICADOS: 0

### CADETE MASCULINO

POS.	NUMBER	PARTICIPANT	CAT	CLUB	POS.	CARRERA	RITMO	POS.	CICLISMO	MEDIA	POS.	CARRERA 2	RITMO	POS.	META	DIFF.
1	100	IVAN PUENTES BARCIA	CDM	TRIATLON FERROL	11	00:16:52.227	03:23 min/Km	36	00:34:41.380	34,6 Km/h	13	00:09:00.227	03:37 min/Km	19	01:00:33.833	+00:03:33.796
2	114	ANTONIO SOUTO PRIETO	CDM	CIDADE DE LUGO FLUVIAL	52	00:18:21.827	03:41 min/Km	37	00:34:41.710	34,6 Km/h	58	00:10:00.780	04:01 min/Km	41	01:03:04.317	+00:06:04.280
3	95	CESAR OTERO PEREIRA	CDM	OLIMPICO DE VEDRA	36	00:17:49.957	03:34 min/Km	52	00:36:05.100	33,3 Km/h	30	00:09:33.720	03:50 min/Km	44	01:03:28.777	+00:06:28.740
4	83	YERAY LORENZO GARCIA	CDM	TRIATLON O TREITO	27	00:17:37.457	03:32 min/Km	49	00:35:50.750	33,5 Km/h	72	00:10:15.990	04:07 min/Km	48	01:03:44.197	+00:06:44.160
5	121	IÑAKI AMATRIA BARRAL	CDM	GV SPORTS CLUB	56	00:18:27.833	03:42 min/Km	80	00:38:13.150	31,4 Km/h	89	00:10:44.233	04:18 min/Km	69	01:07:25.217	+00:03:55.857
6	148	ISMAEL FRANCOS LOPEZ	CDM	CIDADE DE LUGO FLUVIAL	102	00:20:27.283	04:06 min/Km	125	00:44:56.560	26,7 Km/h	113	00:11:38.990	04:40 min/Km	117	01:17:02.833	+00:13:33.473
DNF	51	MARCOS DOBALO CASTRO	CDM	OLIMPICO DE VEDRA		00:19:19.467	03:52 min/Km									
NP	132	MARTIN CAÑETE VAZQUEZ	CDM	A.D. FOGAR												

### JUNIOR MASCULINO

POS.	NUMBER	PARTICIPANT	CAT	CLUB	POS.	CARRERA	RITMO	POS.	CICLISMO	MEDIA	POS.	CARRERA 2	RITMO	POS.	META	DIFF.
1	94	BRAIS OTERO LESTON	JNM	ARCADE INFORHOUSE SANTIAGO	10	00:16:51.997	03:23 min/Km	15	00:33:34.680	35,7 Km/h	12	00:08:51.183	03:33 min/Km	8	00:59:17.860	+00:02:17.823
2	64	RAUL GARCIA AGRA	JNM	ARCADE INFORHOUSE SANTIAGO	13	00:16:52.757	03:23 min/Km	17	00:33:37.010	35,7 Km/h	11	00:08:49.327	03:32 min/Km	9	00:59:19.093	+00:02:19.056
3	98	VICENTE PEREZ SOLOVIEV	JNM	ARCADE INFORHOUSE SANTIAGO	28	00:17:39.297	03:32 min/Km	1	00:32:44.350	36,7 Km/h	24	00:09:25.460	03:47 min/Km	13	00:59:49.107	+00:02:49.070
4	76	BRAIS IGLESIAS MACEIRA	JNM	ARCADE INFORHOUSE SANTIAGO	9	00:16:51.647	03:23 min/Km	42	00:35:29.220	33,8 Km/h	16	00:09:14.100	03:42 min/Km	29	01:01:34.967	+00:04:34.930
5	188	DANIEL SANTALLA GARCIA	JNM	TRIATLON FERROL	92	00:19:56.873	03:60 min/Km	68	00:37:22.500	32,1 Km/h	96	00:10:50.130	04:21 min/Km	80	01:08:09.503	+00:04:40.143
6	162	IÑIGO MARTINEZ MARTINEZ	JNM	CLUB DEPORTIVO PINARIUM	95	00:20:02.003	04:01 min/Km	99	00:39:51.820	30,1 Km/h	55	00:09:59.270	03:60 min/Km	95	01:09:53.093	+00:06:23.733
DNF	150	ANTONIO GALANTE BARREIRO	JNM	ARCADE INFORHOUSE SANTIAGO		00:20:48.723	04:10 min/Km									

### SUB 23 MASCULINO

POS.	NUMBER	PARTICIPANT	CAT	CLUB	POS.	CARRERA	RITMO	POS.	CICLISMO	MEDIA	POS.	CARRERA 2	RITMO	POS.	META	DIFF.
1	40	ALBERTO CASTIÑEIRA FIGUEROA	SUB23M	ARCADE INFORHOUSE SANTIAGO	1	00:16:04.567	03:13 min/Km	10	00:33:14.223	36,1 Km/h	1	00:07:41.247	03:05 min/Km	1	00:57:00.037	
2	70	EDSON BRANDON GOMEZ RUIZ	SUB23M	TRIATLON ARTEIXO	3	00:16:24.707	03:17 min/Km	4	00:32:54.900	36,5 Km/h	2	00:08:04.680	03:14 min/Km	2	00:57:24.287	+00:00:24.250
3	88	EDUARDO ELIAS MORENO CASTAÑEDA	SUB23M	TRIATLON ARTEIXO	2	00:16:10.537	03:15 min/Km	3	00:32:48.490	36,6 Km/h	7	00:08:44.090	03:30 min/Km	4	00:57:43.117	+00:00:43.080

# XVI DUATLON CIDADE DE SANTIAGO

## RESULTADOS OFICIAIS CATEGORIAS MASCULINA



LACALIDADE : SANTIAGO DE COMPOSTELA		DISTANCIA	CARREIRA	CICLISMO	CARREIRA
DATA: SÁBADO , 05 DE MARZO DE 2016	HORA: 17:10	SPRINT	5KM	20 KM	20 KM

### OFICIAIS

DELEGADO TECNICO : MONICA FLORES XUIZ ARBITRO: JOSÉ MANUEL REY	XURADO DA COMPETICION	MONICA FLORES - DELEGADA TÉCNICA JUAN LUIS PEDROSA - FEGATRI ISMAEL GARCIA - OLIMPICO DE VEDRA
---	-----------------------------	--

### DATOS DA COMPETICION

CARREIRA : 5KM	CICLISMO : 20KM	CARREIRA : 2,5KM
2 VOLTAS	4 VOLTAS	2 VOLTAS
INSCRITOS : 168	REMATARON: 128	RETIRADOS: 15
		NON PRESENTADOS : 25
		DESCALIFICADOS: 0

4	43	FRANCISCO CENDAN LLORENS	SUB23M	TALLERES DAVID TRIATLON COMPOSTELA	5	00:16:24.957	03:17 min/Km	6	00:32:59.280	36,4 Km/h	10	00:08:48.900	03:32 min/Km	6	00:58:13.137	+00:01:13.100
5	41	IGNACIO CASTRO SANTOS	SUB23M	ARCADE INFORHOUSE SANTIAGO	8	00:16:51.337	03:23 min/Km	18	00:33:40.700	35,6 Km/h	5	00:08:29.810	03:24 min/Km	7	00:59:01.847	+00:02:01.810
6	85	DAMIAN MARTINEZ SANCHEZ	SUB23M	ARCADE INFORHOUSE SANTIAGO	46	00:18:08.197	03:38 min/Km	55	00:36:31.730	32,9 Km/h	111	00:11:33.120	04:38 min/Km	62	01:06:13.047	+00:09:13.010
7	171	JUAN PAZOS EIROA	SUB23M	GV SPORTS CLUB	98	00:20:10.573	04:03 min/Km	76	00:37:47.320	31,8 Km/h	88	00:10:44.047	04:18 min/Km	84	01:08:41.940	+00:05:12.580
DNF	117	JOSE RICARDO VEGA CEBRIAN	SUB23M	TRIATLON ARTEIXO		00:18:24.937	03:41 min/Km		00:32:56.560	36,4 Km/h						
DNF	56	ISMAEL FERNANDEZ DIAZ	SUB23M	TRIATLON ARTEIXO		00:18:24.867	03:41 min/Km									
NP	54	ALEJANDRO FERNANDEZ ANIDO	SUB23M	CIDADE DE LUGO FLUVIAL												
NP	77	ANTONIO IGLESIAS VILELA	SUB23M	ARCADE INFORHOUSE SANTIAGO												
NP	37	CARLOS JOSE CANDAMO BELLO	SUB23M	TRIATLON FERROL												
NP	179	IVO RIVERO VILLAR	SUB23M	ARCADE INFORHOUSE SANTIAGO												
NP	177	XURXO RIGUEIRA DIAZ	SUB23M	CLUB TRIATLON MAR DE VIGO												

### VETERANS 1 - MASCULINO

POS.	NUMBER	PARTICIPANT	CAT	CLUB	POS.	CARRERA	RITMO	POS.	CICLISMO	MEDIA	POS.	CARRERA 2	RITMO	POS.	META	DIFF.
1	33	JUAN JOSE Balsa ESTEVEZ	V1M	TEAM CORBELO	41	00:17:59.167	03:36 min/Km	8	00:33:09.590	36,2 Km/h	36	00:09:39.400	03:52 min/Km	23	01:00:48.157	+00:03:48.120
2	79	JORGE JANEIRO LORENZO	V1M	CLUB DEPORTIVO PINARIUM	21	00:17:23.617	03:29 min/Km	28	00:34:07.420	35,2 Km/h	46	00:09:46.260	03:55 min/Km	26	01:01:17.297	+00:04:17.260
3	53	FRANCISCO ESTEVEZ PEREIRA	V1M	CLUB TRIATLON MORRAZO	33	00:17:48.037	03:34 min/Km	33	00:34:34.100	34,7 Km/h	23	00:09:21.060	03:45 min/Km	30	01:01:43.197	+00:04:43.160
4	78	JOSE RAMON JACOME MAZAS	V1M	TRIATLON P.C. RIAS BAIXAS	47	00:18:08.727	03:38 min/Km	13	00:33:24.760	35,9 Km/h	70	00:10:14.090	04:06 min/Km	31	01:01:47.577	+00:04:47.540
5	103	ELADIO RAMOS RODRIGUEZ	V1M	GV SPORTS CLUB	45	00:18:07.507	03:38 min/Km	25	00:33:57.410	35,3 Km/h	59	00:10:03.717	04:02 min/Km	33	01:02:08.633	+00:05:08.596
6	31	DAVID ARIAS DIAZ	V1M	TRIATLON FERROL	22	00:17:23.857	03:29 min/Km	41	00:35:25.170	33,9 Km/h	39	00:09:40.740	03:53 min/Km	34	01:02:29.767	+00:05:29.730
7	45	CARLOS COIRA LOJO	V1M	TRIATLON VILAGARCIA /ATENAS RUNNING	31	00:17:47.177	03:34 min/Km	44	00:35:38.410	33,7 Km/h	32	00:09:35.520	03:51 min/Km	38	01:03:01.107	+00:06:01.070
8	63	FRANCISCO JAVIER GARCIA ABALO	V1M	CLUB CICLISMO-TRIATLON POIO	59	00:18:31.677	03:43 min/Km	34	00:34:34.190	34,7 Km/h	63	00:10:07.660	04:04 min/Km	42	01:03:13.527	+00:06:13.490
9	74	JUAN CARLOS GONZALEZ OROZCO	V1M	TRIATLON FERROL	49	00:18:11.637	03:39 min/Km	50	00:35:52.070	33,5 Km/h	33	00:09:36.220	03:51 min/Km	47	01:03:39.927	+00:06:39.890
10	97	ARTURO PASANTES VIDAL	V1M	TRIATLON COSTA DA MORTE	48	00:18:09.007	03:38 min/Km	48	00:35:50.610	33,5 Km/h	60	00:10:04.330	04:02 min/Km	50	01:04:03.947	+00:07:03.910
11	72	XOSE CARLOS GONZALEZ AVION	V1M	TRIATLON VILAGARCIA /ATENAS RUNNING	60	00:18:32.217	03:43 min/Km	53	00:36:14.910	33,1 Km/h	42	00:09:41.410	03:53 min/Km	54	01:04:28.537	+00:07:28.500
12	67	JORGE MANUEL GARCIA RODRIGUEZ	V1M	TALLERES DAVID TRIATLON COMPOSTELA	43	00:18:04.747	03:37 min/Km	56	00:36:37.790	32,8 Km/h	52	00:09:55.570	03:59 min/Km	55	01:04:38.107	+00:07:38.070
13	69	JOSE MANUEL GAVELA OBARRIO	V1M	A.D. FEFEME TRIATLON DO MIÑO	70	00:19:01.577	03:49 min/Km	79	00:37:59.460	31,6 Km/h	90	00:10:44.660	04:18 min/Km	74	01:07:45.697	+00:10:45.660
14	60	FERNANDO FRANCISCO FERNANDEZ MARTINEZ	V1M	OLIMPICO DE VEDRA	89	00:19:49.647	03:58 min/Km	73	00:37:38.810	31,9 Km/h	82	00:10:34.470	04:14 min/Km	76	01:08:02.927	+00:11:02.890
15	104	FRANCISCO JAVIER REY PADIN	V1M	TRIATLON VILAGARCIA /ATENAS RUNNING	82	00:19:42.957	03:57 min/Km	78	00:37:53.670	31,7 Km/h	109	00:11:30.670	04:37 min/Km	90	01:09:07.297	+00:12:07.260

# XVI DUATLON CIDADE DE SANTIAGO

## RESULTADOS OFICIAIS CATEGORIAS MASCULINA



LACALIDADE : SANTIAGO DE COMPOSTELA		DISTANCIA	CARREIRA	CICLISMO	CARREIRA
DATA: SÁBADO , 05 DE MARZO DE 2016	HORA: 17:10	SPRINT	5KM	20 KM	20 KM

### OFICIAIS

DELEGADO TECNICO : MONICA FLORES XUIZ ARBITRO: JOSÉ MANUEL REY	XURADO DA COMPETICION	MONICA FLORES - DELEGADA TÉCNICA JUAN LUIS PEDROSA - FEGATRI ISMAEL GARCIA - OLIMPICO DE VEDRA
---	-----------------------------	--

### DATOS DA COMPETICION

CARREIRA : 5KM	CICLISMO : 20KM	CARREIRA : 2,5KM
2 VOLTAS	4 VOLTAS	2 VOLTAS
INSCRITOS : 168	REMATARON: 128	RETIRADOS: 15
		NON PRESENTADOS : 25
		DESCALIFICADOS: 0

Pos	Id	Nome	Cat	Club	Tempo	Velocidade	Tempo Ciclismo	Velocidade Ciclismo	Tempo Carreira	Velocidade Carreira	Tempo Total	Diferencia				
16	175	JAVIER RAMOS BOTANA	V1M	CIDADE DE LUGO FLUVIAL	34	00:17:49.813	03:34 min/Km	43	00:35:29.913	33,8 Km/h	66	00:10:09.633	04:04 min/Km	45	<b>01:03:29.360</b>	
17	131	MARCOS CANEIRO CANEIRO	V1M	TRIATLON FERROL	65	00:18:49.063	03:46 min/Km	59	00:37:02.150	32,4 Km/h	54	00:09:59.003	03:60 min/Km	59	<b>01:05:50.217</b>	+00:02:20.857
18	140	ALBERTO DOPAZO MIGUEZ	V1M	TALLERES DAVID TRIATLON COMPOSTELA	76	00:19:22.263	03:53 min/Km	63	00:37:16.550	32,2 Km/h	34	00:09:37.553	03:52 min/Km	63	<b>01:06:16.367</b>	+00:02:47.007
19	123	RAFAEL ANTAS CANNAS	V1M	AXA AGENCIA GARRIGA-BEARIZ TRIATLON	74	00:19:15.233	03:52 min/Km	70	00:37:30.500	32,0 Km/h	61	00:10:04.483	04:02 min/Km	67	<b>01:06:50.217</b>	+00:03:20.857
20	159	MARCOS LOSADA GARCIA	V1M	ARCADE INFORHOUSE SANTIAGO	88	00:19:48.733	03:58 min/Km	71	00:37:30.700	32,0 Km/h	65	00:10:09.587	04:04 min/Km	70	<b>01:07:29.200</b>	+00:03:59.660
21	143	JOSE MANUEL FERNANDEZ MENDEZ	V1M	TRI OURENSE	29	00:17:40.873	03:33 min/Km	102	00:40:17.960	29,8 Km/h	31	00:09:35.200	03:51 min/Km	71	<b>01:07:34.033</b>	+00:04:04.673
22	176	JOSE REY-SEJO ALCALA	V1M	TRIATLON FERROL	94	00:20:01.233	04:01 min/Km	67	00:37:21.870	32,1 Km/h	74	00:10:17.080	04:07 min/Km	72	<b>01:07:40.183</b>	+00:04:10.823
23	146	EMILIO JOSE FERREIRO HERVES	V1M	TRIATLON MOTOBIKE PONTEVEDRA	83	00:19:43.593	03:57 min/Km	81	00:38:13.430	31,4 Km/h	73	00:10:16.440	04:07 min/Km	81	<b>01:08:13.463</b>	+00:04:44.103
24	185	CARLOS JESUS RODRIGUEZ REY	V1M	TALLERES DAVID TRIATLON COMPOSTELA	79	00:19:35.723	03:56 min/Km	90	00:38:54.650	30,8 Km/h	71	00:10:15.207	04:07 min/Km	85	<b>01:08:45.580</b>	+00:05:16.220
25	127	XOSE ANTON BARREIRO PEREIRA	V1M	OLIMPICO DE VEDRA	51	00:18:17.223	03:40 min/Km	109	00:41:13.490	29,1 Km/h	22	00:09:20.293	03:45 min/Km	86	<b>01:08:51.007</b>	+00:05:21.647
26	164	FAUSTINO MEIS VEIGA	V1M	TRIATLON P.C. RIAS BAIXAS	71	00:19:02.283	03:49 min/Km	92	00:39:00.030	30,8 Km/h	98	00:10:52.900	04:22 min/Km	87	<b>01:08:55.213</b>	+00:05:25.853
27	160	CARLOS MALDONADO GONZALEZ	V1M	ARCADE INFORHOUSE SANTIAGO	103	00:20:28.353	04:06 min/Km	66	00:37:21.710	32,1 Km/h	104	00:11:06.320	04:27 min/Km	88	<b>01:08:56.383</b>	+00:05:27.023
28	172	MANUEL PEDRE VAZQUEZ	V1M	NOSPORTLIMIT	106	00:20:39.873	04:08 min/Km	64	00:37:17.430	32,2 Km/h	110	00:11:32.120	04:37 min/Km	91	<b>01:09:29.423</b>	+00:06:00.063
29	165	JUAN MANUEL MENDEZ FROJAN	V1M	ARTROGAL-TRI 498	111	00:20:54.993	04:11 min/Km	62	00:37:07.800	32,3 Km/h	112	00:11:34.350	04:38 min/Km	92	<b>01:09:37.143</b>	+00:06:07.783
30	169	MARCOS OTERO LEDO	V1M	CIDADE DE LUGO FLUVIAL	104	00:20:28.973	04:06 min/Km	88	00:38:50.790	30,9 Km/h	85	00:10:39.300	04:16 min/Km	96	<b>01:09:59.063</b>	+00:06:29.703
31	126	LUIS BALDO MACIA	V1M	A.D. FOGAR	99	00:20:13.063	04:03 min/Km	98	00:39:32.550	30,3 Km/h	91	00:10:45.460	04:19 min/Km	101	<b>01:10:31.073</b>	+00:07:01.713
32	166	JUAN MENDEZ LOPEZ	V1M	TRISADA	101	00:20:24.923	04:05 min/Km	96	00:39:23.590	30,5 Km/h	107	00:11:24.237	04:34 min/Km	102	<b>01:11:12.750</b>	+00:07:43.390
33	139	MANUEL DIOS COCHON	V1M	GV SPORTS CLUB	114	00:21:06.653	04:14 min/Km	104	00:40:29.770	29,6 Km/h	114	00:11:39.380	04:40 min/Km	108	<b>01:13:15.803</b>	+00:09:46.443
34	157	JOSE ANTONIO LOPEZ FERNANDEZ	V1M	ARTROGAL-TRI 498	108	00:20:49.983	04:10 min/Km	122	00:43:32.460	27,6 Km/h	99	00:10:55.750	04:23 min/Km	113	<b>01:15:18.193</b>	+00:11:48.833
35	147	ANTONIO FILGUEIRAS BOUZA	V1M	TRIATLON FERROL	125	00:23:19.123	04:40 min/Km	101	00:41:16.960	29,8 Km/h	118	00:12:12.320	04:53 min/Km	114	<b>01:15:48.403</b>	+00:12:19.043
36	120	JOSE ANGEL ALVAREZ ALONSO	V1M	CLUB ATLETISMO PORRIÑO	110	00:20:52.113	04:11 min/Km	123	00:43:53.570	27,3 Km/h	105	00:11:16.080	04:31 min/Km	115	<b>01:16:01.763</b>	+00:12:32.403
37	163	CELESTINO MATO PEON	V1M	ARTROGAL-TRI 498	123	00:22:45.583	04:34 min/Km	112	00:41:38.380	28,8 Km/h	117	00:12:03.620	04:50 min/Km	116	<b>01:16:27.583</b>	+00:12:58.223
38	128	JOSE BUGALLO SENRA	V1M	GV SPORTS CLUB	113	00:21:05.733	04:14 min/Km	113	00:41:43.160	28,8 Km/h	125	00:14:54.300	05:58 min/Km	120	<b>01:17:43.193</b>	+00:14:13.833
39	178	FRANCISCO JAVIER RIVERO VEIGA	V1M	CLUB DEPORTIVO PINARIUM	128	00:23:54.333	04:47 min/Km	115	00:41:56.790	28,6 Km/h	121	00:12:35.830	05:03 min/Km	123	<b>01:18:26.953</b>	+00:14:57.593
40	193	ROBERTO VENTUREIRA DOPICO	V1M	TRIATLON FERROL	109	00:20:51.633	04:11 min/Km	127	00:46:31.790	25,8 Km/h	102	00:11:05.060	04:27 min/Km	124	<b>01:18:28.483</b>	+00:14:59.123
41	187	JAVIER SAAVEDRA SANTIAGO	V1M	GV SPORTS CLUB	122	00:22:36.263	04:32 min/Km	126	00:45:01.990	26,6 Km/h	116	00:12:03.550	04:50 min/Km	125	<b>01:19:41.803</b>	+00:16:12.443
DNF	96	PEDRO PABLO OUTERELO COUSIÑO	V1M	TRIATLON VILAGARCIA /ATENAS RUNNING		00:18:12.967	03:39 min/Km									
DNF	118	JOSE ANTONIO VEIGA MOSQUERA	V1M	ARCADE INFORHOUSE SANTIAGO		00:19:53.497	03:59 min/Km									
DNF	73	RAUL GONZALEZ GARCIA	V1M	TRIATLON COSTA DA MORTE		00:20:28.157	04:06 min/Km									
NP	102	ARTURO RAMOS FERROL	V1M	TALLERES DAVID TRIATLON COMPOSTELA												

# XVI DUATLON CIDADE DE SANTIAGO

## RESULTADOS OFICIAIS CATEGORIAS MASCULINA



LACALIDADE : SANTIAGO DE COMPOSTELA		DISTANCIA	CARREIRA	CICLISMO	CARREIRA
DATA: SÁBADO , 05 DE MARZO DE 2016	HORA: 17:10	SPRINT	5KM	20 KM	20 KM

### OFICIAIS

DELEGADO TECNICO : MONICA FLORES XUIZ ARBITRO: JOSÉ MANUEL REY	XURADO DA COMPETICION	MONICA FLORES - DELEGADA TÉCNICA JUAN LUIS PEDROSA - FEGATRI ISMAEL GARCIA - OLIMPICO DE VEDRA
---	-----------------------------	--

### DATOS DA COMPETICION

CARREIRA : 5KM 2 VOLTAS INSCRITOS : 168	CICLISMO : 20KM 4 VOLTAS REMATARON: 128	CARREIRA : 2,5KM 2 VOLTAS RETIRADOS: 15	NON PRESENTADOS : 25	DESCALIFICADOS: 0
---	---	---	----------------------	-------------------

NP	158	DAVID LOPEZ VILARIÑO	V1M	ARCADE INFORHOUSE SANTIAGO
NP	90	FRANCISCO JAVIER MOSTEIRO RODRIGUEZ	V1M	TRIATLON VILAGARCIA /ATENAS RUNNING
NP	116	JAIME VAZQUEZ MEJIDE	V1M	TRIATLON VILAGARCIA /ATENAS RUNNING
NP	195	JUAN JOSE VILELA PUGA	V1M	ARCADE INFORHOUSE SANTIAGO
NP	145	MANUEL FERNANDEZ VARELA	V1M	MONTE PENARUBIA RUNNING LUGO
NP	58	RAMON FERNANDEZ LAGO	V1M	CLUB NATACION RIVEIRA
NP	137	XULIO XOSE DE SANTIAGO FERNANDEZ	V1M	CLUB DEPORTIVO PINARIUM

### VETERANS 2 - MASCULINO

POS.	NUMBER	PARTICIPANT	CAT	CLUB	POS.	CARRERA	RITMO	POS.	CICLISMO	MEDIA	POS.	CARRERA 2	RITMO	POS.	META	DIFF.
1	82	ANDRES LOPEZ TORRES	V2M	TRIATLON VILAGARCIA /ATENAS RUNNING	30	00:17:46.447	03:34 min/Km	14	00:33:28.600	35,8 Km/h	27	00:09:29.370	03:48 min/Km	22	01:00:44.417	+00:03:44.380
2	119	ANTONIO VIDAL ARES	V2M	ARCADE INFORHOUSE SANTIAGO	86	00:19:46.327	03:58 min/Km	75	00:37:42.130	31,8 Km/h	94	00:10:47.010	04:19 min/Km	82	01:08:15.467	+00:11:15.430
3	190	JAVIER ANGEL VAZQUEZ OREJAS	V2M	A.D. FEFEME TRIATLON DO MIÑO	112	00:21:05.703	04:14 min/Km	128	00:46:39.300	25,7 Km/h	128	00:16:04.850	06:26 min/Km	128	01:23:49.853	+00:20:20.493
NP	197	RICARDO GARCIA SANCEDO	V2M	CLUB DEPORTIVO TRIATLON BIERZO												

# XVI DUATLON CIDADE DE SANTIAGO

## RESULTADOS OFICIAIS CLUBS MASCULINA



LACALIDADE : SANTIAGO DE COMPOSTELA		DISTANCIA	CARREIRA	CICLISMO	CARREIRA
DATA: SÁBADO , 05 DE MARZO DE 2016	HORA: 17:10	SPRINT	5KM	20 KM	20 KM

### OFICIAIS

DELEGADO TECNICO : MONICA FLORES XUIZ ARBITRO: JOSÉ MANUEL REY	XURADO DA COMPETICION	MONICA FLORES - DELEGADA TÉCNICA JUAN LUIS PEDROSA - FEGATRI ISMAEL GARCIA - OLIMPICO DE VEDRA
---	-----------------------------	--

### DATOS DA COMPETICION

CARREIRA : 5KM 2 VOLTAS INSCRITOS : 168	CICLISMO : 20KM 4 VOLTAS REMATARON: 128	CARREIRA : 2,5KM 2 VOLTAS RETIRADOS: 15	NON PRESENTADOS : 25	DESCALIFICADOS: 0
---	---	---	----------------------	-------------------

1 ARCADE INFORHOUSE SANTIAGO					02:55:19.744
NUMBER	PARTICIPANT	CAT	CLUB	META	
1	40 ALBERTO CASTIÑEIRA FIGUEROA	SUB23M	ARCADE INFORHOUSE SANTIAGO	00:57:00.037	
2	41 IGNACIO CASTRO SANTOS	SUB23M	ARCADE INFORHOUSE SANTIAGO	00:59:01.847	
3	94 BRAIS OTERO LESTON	JNM	ARCADE INFORHOUSE SANTIAGO	00:59:17.860	

2 CLUB ATLETISMO PORRIÑO					02:58:08.591
NUMBER	PARTICIPANT	CAT	CLUB	META	
1	86 BRAIS MISA GARCIA	ABM	CLUB ATLETISMO PORRIÑO	00:57:49.137	
2	87 ENRIQUE MORAN GONZALEZ	ABM	CLUB ATLETISMO PORRIÑO	00:59:55.587	
3	80 ISMAEL LAGO MONROY	ABM	CLUB ATLETISMO PORRIÑO	01:00:23.867	

3 OLIMPICO DE VEDRA					03:02:41.641
NUMBER	PARTICIPANT	CAT	CLUB	META	
1	52 MANUEL DOMINGO DOSIL LAGO	ABM	OLIMPICO DE VEDRA	00:59:47.267	
2	49 MIGUEL DAPORTA MENDEZ	ABM	OLIMPICO DE VEDRA	01:00:56.477	
3	65 ISMAEL GARCIA CARBALLO	ABM	OLIMPICO DE VEDRA	01:01:57.897	

4 TRIATLON COSTA DA MORTE					03:06:20.187
NUMBER	PARTICIPANT	CAT	CLUB	META	
1	36 DAVID CALZAS INSUA	ABM	TRIATLON COSTA DA MORTE	01:00:42.317	
2	115 JOSE MANUEL TOME SUAREZ	ABM	TRIATLON COSTA DA MORTE	01:01:33.923	
3	97 ARTURO PASANTES VIDAL	V1M	TRIATLON COSTA DA MORTE	01:04:03.947	

# XVI DUATLON CIDADE DE SANTIAGO

## RESULTADOS OFICIAIS CLUBS MASCULINA



LACALIDADE : SANTIAGO DE COMPOSTELA		DISTANCIA	CARREIRA	CICLISMO	CARREIRA
DATA: SÁBADO , 05 DE MARZO DE 2016	HORA: 17:10	SPRINT	5KM	20 KM	20 KM

### OFICIAIS

DELEGADO TECNICO : MONICA FLORES XUIZ ARBITRO: JOSÉ MANUEL REY	XURADO DA COMPETICION	MONICA FLORES - DELEGADA TÉCNICA JUAN LUIS PEDROSA - FEGATRI ISMAEL GARCIA - OLIMPICO DE VEDRA
---	-----------------------------	--

### DATOS DA COMPETICION

CARREIRA : 5KM	CICLISMO : 20KM	CARREIRA : 2,5KM
2 VOLTAS	4 VOLTAS	2 VOLTAS
INSCRITOS : 168	REMATARON: 128	RETIRADOS: 15
		NON PRESENTADOS : 25
		DESCALIFICADOS: 0

5 TRIATLON FERROL					03:06:43.527
NUMBER	PARTICIPANT	CAT	CLUB	META	
1	100 IVAN PUENTES BARCIA	CDM	TRIATLON FERROL	01:00:33.833	
2	31 DAVID ARIAS DIAZ	V1M	TRIATLON FERROL	01:02:29.767	
3	74 JUAN CARLOS GONZALEZ OROZCO	V1M	TRIATLON FERROL	01:03:39.927	

6 CLUB DEPORTIVO PINARIUM					03:06:43.561
NUMBER	PARTICIPANT	CAT	CLUB	META	
1	89 IAGO MORENZA PEREZ	ABM	CLUB DEPORTIVO PINARIUM	01:00:20.007	
2	79 JORGE JANEIRO LORENZO	V1M	CLUB DEPORTIVO PINARIUM	01:01:17.297	
3	93 JOSE MANUEL OMIL IGLESIAS	ABM	CLUB DEPORTIVO PINARIUM	01:05:06.257	

7 CLUB CICLISMO-TRIATLON POIO					03:06:44.031
NUMBER	PARTICIPANT	CAT	CLUB	META	
1	50 JUAN SEBASTIAN DIAZ IGLESIAS	ABM	CLUB CICLISMO-TRIATLON POIO	01:00:08.697	
2	63 FRANCISCO JAVIER GARCIA ABALO	V1M	CLUB CICLISMO-TRIATLON POIO	01:03:13.527	
3	66 MARCOS GARCIA CASTRO	ABM	CLUB CICLISMO-TRIATLON POIO	01:03:21.807	

8 TRIATLON VILAGARCIA /ATENAS RUNNING					03:08:14.061
NUMBER	PARTICIPANT	CAT	CLUB	META	
1	82 ANDRES LOPEZ TORRES	V2M	TRIATLON VILAGARCIA /ATENAS RUNNING	01:00:44.417	
2	45 CARLOS COIRA LOJO	V1M	TRIATLON VILAGARCIA /ATENAS RUNNING	01:03:01.107	
3	72 XOSE CARLOS GONZALEZ AVION	V1M	TRIATLON VILAGARCIA /ATENAS RUNNING	01:04:28.537	

# XVI DUATLON CIDADE DE SANTIAGO

## RESULTADOS OFICIAIS CLUBS MASCULINA



LACALIDADE : SANTIAGO DE COMPOSTELA		DISTANCIA	CARREIRA	CICLISMO	CARREIRA
DATA: SÁBADO , 05 DE MARZO DE 2016	HORA: 17:10	SPRINT	5KM	20 KM	20 KM

### OFICIAIS

DELEGADO TECNICO : MONICA FLORES XUIZ ARBITRO: JOSÉ MANUEL REY	XURADO DA COMPETICION	MONICA FLORES - DELEGADA TÉCNICA JUAN LUIS PEDROSA - FEGATRI ISMAEL GARCIA - OLIMPICO DE VEDRA
---	-----------------------------	--

### DATOS DA COMPETICION

CARREIRA : 5KM	CICLISMO : 20KM	CARREIRA : 2,5KM
2 VOLTAS	4 VOLTAS	2 VOLTAS
INSCRITOS : 168	REMATARON: 128	RETIRADOS: 15
		NON PRESENTADOS : 25
		DESCALIFICADOS: 0

9 AXA AGENCIA GARRIGA-BEARIZ TRIATLON					03:12:30.631
NUMBER	PARTICIPANT	CAT	CLUB	META	
1	71 ALBERTO GOMEZ VILA	ABM	AXA AGENCIA GARRIGA-BEARIZ TRIATLON	01:02:53.087	
2	113 ROMULO SOTO VAZQUEZ	ABM	AXA AGENCIA GARRIGA-BEARIZ TRIATLON	01:02:53.587	
3	62 JAVIER FREIRE GALLEG0	ABM	AXA AGENCIA GARRIGA-BEARIZ TRIATLON	01:06:43.957	

10 TALLERES DAVID TRIATLON COMPOSTELA					3:09:07
NUMBER	PARTICIPANT	CAT	CLUB	META	
1	43 FRANCISCO CENDAN LLORENS	SUB23M	TALLERES DAVID TRIATLON COMPOSTELA	0:58:13	
2	67 JORGE MANUEL GARCIA RODRIGUEZ	V1M	TALLERES DAVID TRIATLON COMPOSTELA	1:04:38	
3	140 ALBERTO DOPAZO MIGUEZ	V1M	TALLERES DAVID TRIATLON COMPOSTELA	1:06:16	

11 CIDADE DE LUGO FLUVIAL					3:10:43
NUMBER	PARTICIPANT	CAT	CLUB	META	
1	114 ANTONIO SOUTO PRIETO	CDM	CIDADE DE LUGO FLUVIAL	1:03:04	
2	110 VICTOR MANUEL SEIJAS FOLGUEIRA	ABM	CIDADE DE LUGO FLUVIAL	1:04:10	
3	175 JAVIER RAMOS BOTANA	V1M	CIDADE DE LUGO FLUVIAL	1:03:29	

12 TRIATLON P.C. RIAS BAIXAS					3:12:08
NUMBER	PARTICIPANT	CATEGORY	CLUB	META	
1	46 ADRIAN COSTAS FALCON	ABM	TRIATLON P.C. RIAS BAIXAS	1:01:26	
2	78 JOSE RAMON JACOME MAZAS	V1M	TRIATLON P.C. RIAS BAIXAS	1:01:47	
3	164 FAUSTINO MEIS VEIGA	V1M	TRIATLON P.C. RIAS BAIXAS	1:08:55	



# XVI DUATLON CIDADE DE SANTIAGO

## RESULTADOS OFICIAIS CLUBS MASCULINA



LACALIDADE : SANTIAGO DE COMPOSTELA		DISTANCIA	CARREIRA	CICLISMO	CARREIRA
DATA: SÁBADO , 05 DE MARZO DE 2016	HORA: 17:10	SPRINT	5KM	20 KM	20 KM

### OFICIAIS

DELEGADO TECNICO : MONICA FLORES XUIZ ARBITRO: JOSÉ MANUEL REY	XURADO DA COMPETICION	MONICA FLORES - DELEGADA TÉCNICA JUAN LUIS PEDROSA - FEGATRI ISMAEL GARCIA - OLIMPICO DE VEDRA
---	-----------------------------	--

### DATOS DA COMPETICION

CARREIRA : 5KM 2 VOLTAS INSCRITOS : 168	CICLISMO : 20KM 4 VOLTAS REMATARON: 128	CARREIRA : 2,5KM 2 VOLTAS RETIRADOS: 15	NON PRESENTADOS : 25	DESCALIFICADOS: 0
---	---	---	----------------------	-------------------

13 AD NAUTICO DE NARON					3:17:22
NUMBER	PARTICIPANT	CAT	CLUB	META	
1	34 CARLOS BOUZA CANOSA	ABM	AD NAUTICO DE NARON	1:00:13	
2	75 JOSU MIKEL GUTIERREZ RAMOS	ABM	AD NAUTICO DE NARON	1:09:01	
3	129 SIMON CABARCOS NOVAS	ABM	AD NAUTICO DE NARON	1:08:08	

14 ARTROGAL-TRI 498					3:18:36
NUMBER	PARTICIPANT	CATEGORY	CLUB	META	
1	112 ABELARDO MANUEL SOLER RIVAS	ABM	ARTROGAL-TRI 498	1:06:19	
2	167 PABLO MIGUENS TRIÑANES	ABM	ARTROGAL-TRI 498	1:05:27	
3	135 BENJAMIN COSTA FERNANDEZ	ABM	ARTROGAL-TRI 498	1:06:50	